

Monday, July 19, Prime-time: Cable

	7:30 pm	8:00 pm	8:30 pm	9:00 pm	9:30 pm	10:00 pm	10:30 pm	11:00 pm	11:30 pm	
A&E	Hoarders (7)	Hoarders (TVPG) [CC]		Hoarders (TVPG) (N) [CC]		Dirty Rotten Cleaners (N) [CC]		Hoarders (TVPG) [CC]		
AMC	True Lies ★★★ (1994) Arnold Schwarzenegger, Jamie Lee Curtis. (R) (7) [CC]					The Beast Must Die (TVMA) (N) [CC]		True Lies ★★★ (1994) (R) [CC]		
Animal P	Serengeti (7)	Serengeti (TVPG) Intrigue.				River Monsters (TVPG) (N) (10:38)				
BBC A	Star Trek: TNG (7) [CC]	The Silence of the Lambs ★★★★★ (1991) Jodie Foster, Anthony Hopkins. (R) [CC]				The Silence of the Lambs ★★★★★ (1991) Jodie Foster, Anthony Hopkins. (R) [CC]				
BET	When the Bough Breaks ★ (2016) Morris Chestnut, Regina Hall. (PG-13) (6) [CC]			No Good Deed ★ (2014) Idris Elba, Taraji P. Henson. (PG-13) [CC]					Martin (TVPG) [CC]	
Bravo	Below Deck (7) [CC]	Below Deck Mediterranean (TV14) (N) [CC]		Below Deck Mediterranean (TV14) Courtney celebrates Mzi's birthday. (N) [CC]		Below Deck Mediterranean (TV14) [CC]		Shahs of Sunset (TV14)		
CMT	Last Standing	Mom (TV14)	Mom (TV14)	Mom (TV14)	Mom (TV14)	Mom (TV14)	Mom (TV14)	Reba (TVPG)	Reba (TVPG)	
Comedy	The Office (TVPG) (7:45) [CC]		The Office [CC]	The Office [CC]	The Office [CC]	The Office [CC]	The Office [CC]	The Office [CC]	The Office [CC]	
Discovery	Street Outlaws: Memphis: Rules of the Road (TV14) (N) (7) [CC]	Street Outlaws: Memphis JJ provides a new challenge by spending the entire season racing on the toughest asphalt in Las Vegas. (N) [CC]		Getaway Driver (Premiere) 3 competitors put their cars on the line for a chance to be the wheelman in a real-life high-speed chase. (N) [CC]		Street Outlaws (TV14) Farmtruck and AZN set the rules as the best racers from around the USA battle it out for \$25,000 on the streets of OKC. But these drivers will do anything to win, even if it means learning how serious Farmtruck's ready to be about rule enforcement. (N) [CC]				
Disney	Big City Greens (TVY7)	Big City Greens (TVY7)	Big City Greens (TVY7)	Jessie (TVG) [CC]	Jessie (TVG) [CC]	Big City Greens (TVY7)	Big City Greens (TVY7)	Gabby Duran & the Unsittables	Sydney to the Max [CC]	
E!	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Pop (TV14) [CC]	
Food	Diners, Drive-Ins & Dives (7)	Diners, Drive-Ins and Dives (TVG) [CC]		BBQ Brawl (TVG) (N) [CC]		Grill of Victory (TVG) (N) [CC]		Beat Bobby Flay (TVG) [CC]	Beat Bobby Flay (TVG) [CC]	
Freeform	Mr. Deeds ★ (2002) Adam Sandler. (7) [CC]			The Waterboy ★ (1998) Adam Sandler, Kathy Bates. (PG-13) [CC]			The 700 Club (N) [CC]			
FX	Daddy's Home 2 (6) [CC]	Bumblebee ★★★ (2018) Hailee Steinfeld, John Cena. (PG-13) [CC]					Bumblebee ★★★ (2018) Hailee Steinfeld, John Cena. (PG-13) [CC]			
FXX	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	The Simpsons	
Hallmark	On the 12th Date of Christmas (2020) (7) [CC]			Picture a Perfect Christmas (2019) Merritt Patterson, Jon Cor. [CC]			The Christmas Cottage (2017) [CC]			
HGTV	Unsellable (7)	Celebrity IOU (TVG) (N) [CC]		Celebrity IOU (TVG) (N) [CC]		Home Town (TVG) [CC]		Home Town (TVG) [CC]		
History	Pickers (7) [CC]	American Pickers (TVPG) [CC]		American Pickers (TVPG) [CC]		American Pickers (TVPG) [CC]		American Pickers (11:05) [CC]		
IFC	2 & 1/2 Men	2 & 1/2 Men	2 & 1/2 Men	2 & 1/2 Men	2 & 1/2 Men	2 & 1/2 Men	2 & 1/2 Men	2 & 1/2 Men	2 & 1/2 Men	
Lifetime	Rizzoli (7) [CC]	Rizzoli & Isles (TV14) [CC]		Rizzoli & Isles (TV14) [CC]		Rizzoli & Isles (TV14) [CC]		Rizzoli & Isles (TV14) [CC]		
MTV	Adorableness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	Ridiculousness	
Nat Geo	When Sharks Attack (TV14) (7) [CC]	When Sharks Attack (TV14) Shark attacks are causing panic along the Gulf. (N) [CC]		Shark Attack Files (TV14) Brazen shark attacks targeting people. (N) [CC]		Orca vs. Great White: Extra Bite (TV14) Researchers study orcas hunting great whites. (N)		When Sharks Attack (TV14) Shark attacks are causing panic along the Gulf. [CC]		
Nickelodeon	SpongeBob	SpongeBob	SpongeBob	Friends [CC]	Friends [CC]	Friends [CC]	Friends [CC]	Friends [CC]	Friends [CC]	
OWN	Deadline (7)	Deadline: Crime (TV14)		Deadline: Crime (TV14)		Deadline: Crime (TV14)		Deadline: Crime (TV14) [CC]		
Paramount	Raiders of the Lost Ark ★★★★★ (1981) Harrison Ford. (7) [CC]				Indiana Jones and the Temple of Doom ★★★ (1984) Harrison Ford, Kate Capshaw. [CC]					
Sundance	The Perfect Storm ★★★ (2000) George Clooney, Mark Wahlberg. (7) [CC]					That's Wild (2020) [CC]			Perfect Storm	
Syfy	Maleficent ★★ (2014) Angelina Jolie. (PG) (7) [CC]			Robin Hood ★★ (2010) Russell Crowe, Cate Blanchett. (PG-13) [CC]						
TBS	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	American Dad	Rick and Morty	Tuca & Bertie	Wipeout [CC]	
TCM	16 Days of Glory ★★★ (1986) (G) (7:15)									
TLC	Darcey & Stacey (TV14) The twins' most outrageous and over-the-top moments from the first season. (7)	Darcey & Stacey (TV14) (Season premiere) Darcey's engagement hangs in the balance after a blowout fight with Georgi; Florian's temper flares when Stacey oversteps her bounds. (N)		sMothered (TV14) Amy kicks Carina out of the bedroom so she can spend the night with Kai; Cher and Dawn take Belle to the dentist behind Jared's back; Lauren has to choose between her mom and Laura Leigh. (N)		So Freakin Cheap Brittney and Shelley make amends as the wedding moves forward; Becky takes Jay on a date to make up for her cheapskate ways. (N)		So Freakin Cheap (TVPG) Shelley Watson finds inspiration for a cheap wedding venue, which doesn't sit well with Brittney; Tony Clayton ruins Angela and Cierra's girls' night.		
TNT	Ant-Man and The Wasp ★★★ (2018) Paul Rudd, Evangeline Lilly. Approached by Hope van Dyne and Dr. Hank Pym, Scott Lang once again dons the Ant-Man suit to fight alongside the Wasp. The mission soon leads to secret revelations from the past as the duo finds itself in an epic battle against a powerful enemy. (PG-13) [CC]					Titans (TVMA) In search of a safe haven for Rachel, Dick arrives on the doorstep of vigilante heroes Hawk and Dove. (N) [CC]		Ant-Man and The Wasp ★★★ (2018) Paul Rudd, Evangeline Lilly. (PG-13) (10:56) [CC]		
Toon	The LEGO Movie 2 (6)	Bob's Burgers (TV14) [CC]	Bob's Burgers (TV14) [CC]	American Dad (TV14) [CC]	American Dad (TV14) [CC]	American Dad (TV14) [CC]	Rick and Morty (TV14)	Family Guy Animated. [CC]	Family Guy Animated. [CC]	
Travel	Mysteries of the Unknown	Mysteries of the Unknown (TVPG) (N) [CC]				Nostradamus: End of Days (TV14) (N) [CC]		Nostradamus: End of Days (TV14) [CC]		
TruTV	Jokers (TV14)	Jokers (TV14)	Jokers (TV14)	Jokers (TV14)	Jokers (TV14)	The Replacements ★★ (2000) Keanu Reeves. (PG-13) [CC]				
TV Land	Andy Griffith	Raymond [CC]	Raymond [CC]	Raymond [CC]	Raymond [CC]	Raymond [CC]	Raymond [CC]	King of Queens	King of Queens	
USA	Chicago P.D.	WWE The superstars of the WWE square off in the ring and behind the scenes. (N) [CC]					SurrealEstate (TV14) [CC]			
VH1	Love & Hip Hop: Atlanta	Love & Hip Hop: Atlanta (TV14) (N) [CC]		Cartel Crew (TV14) (N) [CC]		Infamy: When Fame Turns Deadly (TV14) (N) [CC]		Love & Hip Hop: Atlanta (TV14) [CC]		

Monday, July 19, Prime-time: Cable Sports Channels

	7:30 pm	8:00 pm	8:30 pm	9:00 pm	9:30 pm	10:00 pm	10:30 pm	11:00 pm	11:30 pm
BSSC	Fight Sports: Boxing (7)			Shogun Fights		Shogun Fights		Fight Sports: Boxing	
BSW	MLB Baseball Angels at Oakland Athletics. (Live) (6:30)			Postgame		Angels Weekly	Sports Stars	Poker	
ESPN	Baseball (5)	SportsCenter (N)			SportsCenter (N) [CC]		SportsCenter (N) [CC]		
ESPN2	Basketball (Live) (6)	NFL Live [CC]		UFC Flashback (TV14)	UFC Top 10 (TV14)	Around the Horn [CC]	Pardon the Interruption	MLB Baseball Chicago Cubs at St. Louis Cardinals. (N)	
FS1	CONCACAF Gold Cup (6)	Skip and Shannon: Undisputed [CC]			TMZ Sports (TV14) (N) [CC]	Inside Fury vs. Wilder III	PBC Collection From Dec. 1, 2018. [CC]		TMZ Sports (TV14) (N) [CC]
MLB	MLB Tonight (N) (4:30) [CC]			MLB Baseball (Live) [CC]		Quick Pitch (N) [CC]		Quick Pitch [CC]	
NBC Sports	U.S. Olympic Trials Encore: Gymnastics. (Tape) (7)								
SNLA	MLB Baseball San Francisco Giants at Dodgers. (Live) (7)					Dodgers Postgame (N)		MLB Baseball	