

## Study eyes lost sense of time

UC Irvine researchers launch national survey about distorted time perception experienced during the pandemic.

BY LILLY NGUYEN

As the pandemic marched on and people stayed inside their homes for fear of infection, “blursday” became an everyday constant as people reported losing their sense of time.

Researchers at UC Irvine say this phenomenon — temporal disintegration — is the result of the pandemic and the collective, unaddressed trauma caused by it, in addition to other challenges that came with 2020: unemployment, financial downturns, supply shortages, death, loss, global warming, political polarization and major social upheaval.

E. Alison Holman, a professor of nursing at the university, said in a recent interview she’s been studying the relationship between trauma and the perception of time for decades.

“When you think about your life and who you are, you have a past. Your past is a big part of who you are today. We have a past, a present, which we are do-

See *Time*, page A8

## Shelter to carry on founder’s legacy

Colin Henderson, whose Friendship Shelter now has five locations to serve the homeless, died at age 87 in July.

BY ANDREW TURNER

For decades, Friendship Shelter in Laguna Beach has served some of Orange County’s neediest residents, helping them to get back on their feet and, ideally, back into housing.

It is a mission that started with the founder of the organization, Colin Henderson, who is remembered for his tireless work to promote human decency.

Henderson died on July 26 in England, where he had returned in 2017 to spend his remaining years with family. He was 87.

Friendship Shelter opened in 1988 and now operates five prop-

See *Shelter*, page A8



Photos by James Carbone

**THE WATER** Tower House on 1 Anderson St. in Seal Beach was built in 1892 for trains traveling from Santa Barbara to San Diego. Since then the tower has been rebuilt into a home with four previous owners. The fifth and newest owners are Dr. Gregg DeNicola and his wife, Mary.

## O.C. preservationist buys Seal Beach’s water tower



**ABOVE:** Dr. Gregg DeNicola, the new owner of the Water Tower House, stands in the top lounge room with a 360-degree view of the ocean.

**RIGHT:** A master bedroom of the Water Tower House in Seal Beach.



Dr. Gregg DeNicola and his wife recently purchased Seal Beach’s historic water tower for \$4.5 million.

BY SARAH MOSQUEDA

Many Orange County residents have seen Seal Beach’s historic water tower from afar, but when the details of the landmark are examined more closely, they tell the story of its varied past.

The 87-foot-tall structure at 1 Anderson St. was built in 1892, and that year is carved on the front door along with the years 1940, 1985 and 2016.

“It was built by the Southern Pacific Railroad to supply water to the steam engines coming from Santa Barbara to San Diego,” said Dr. Gregg DeNicola, an Orange County historic preservationist who recently purchased the water tower with his wife, Mary, for \$4.5 million.

Every 10 miles or so, the trains needed to be refueled with water to create steam.

“There were actually dozens of these built along the coast,” DeNicola said.

The year 1940 is carved on the door to mark the year the tower was enlarged to a 75,000-gallon redwood tank by Santa Fe Tank & Pipe Co. to store water for surrounding towns.

By the 1970s the tower was considered an eyesore, infested

See *Tower*, page A2

## Saddle up: Rancho Mission Viejo Rodeo rides for its 20th year



Kevin Chang | Staff Photographer

**BRENT FREESE**, Rancho Mission Viejo ranch manager, herds female calves into a weighing scale at Rancho Mission Viejo’s Cow Camp in San Juan Capistrano. The ranch celebrates 20 years of hosting O.C.’s only rodeo.

BY SARAH MOSQUEDA

This weekend won’t be Rancho Mission Viejo’s first rodeo — it will be its 20th.

Rancho Mission Viejo Riding Park in San Juan Capistrano has made a commitment to preserving the cowboy way of life by hosting Orange County’s only rodeo each year, bringing the top 30 rodeo contestants to compete for a purse totaling more than \$300,000.

But the land’s ties to the art of saddle bronc riding and tie-down roping go back even further.

“Our family has owned this ranch since 1882,” said Tony Moiso, Mission Viejo Ranch chairman and chief executive officer. “At one time it was 52,400 acres.”

Rancho Mission Viejo was originally part of the land holding known as Rancho Santa Margarita y Las Flores. It was purchased along with the adjoining Rancho Mission Viejo and Rancho Trabuco by Irish immigrants Richard O’Neill Sr. and James Flood, who

found their fortune and forged a friendship in San Francisco. The land stretched from Aliso Creek to Oceanside.

Today the ranch’s footprint is 23,000 acres, a smaller size than when executive vice president of ranch operations, Gilbert Aguirre, came to the ranch in 1967.

“We used to run 4,500 cows, plus the fact that we had almost 500 acres of citrus,” Aguirre recalled.

The ranch still has a couple hundred cows, six horses, about 300 acres of citrus and 100 acres of avocados.

The Rancho Mission Viejo Rodeo began in 2001 when the O’Neill/Moiso/Avery family took on the responsibility of carrying on the tradition.

“The whole reason for the rodeo was here was a famous rancho from the old days, and the western way of life and heritage was just disappearing. I mean, no one knows anything about it,”

See *Rodeo*, page A7

# TOWER

Continued from page A1

with termites and covered in graffiti.

The city began making plans to dismantle the structure, but a local resident named George Armstrong galvanized the community to save it. Armstrong was a Long Beach City College math professor, but before that he busied tables at Sam's Seafood across the street from the water tower.

"He tried grassroots, and there were pickets going up and down the street," DeNicola said.

Armstrong was able to buy the tower, thus saving it from demolition.

"However he was not out of the woods," said DeNicola. "As soon as the city approved to keep it, the Coastal Commission got involved."

Armstrong planned to turn the water tower into a house, which the Coastal Commission eventually agreed to allow as long as it continued to look like a water tower.

"He hired a historical contractor to make it look like it used to look but be a house," DeNicola said.

Rather than haul equipment up and use cranes for the buildout, the tower was taken down from the base and converted into a tri-level house on the ground before being placed back. The "1985" carved on the door signifies the year the tower reopened as a home.

In 1992, Armstrong sold the tower to then Lynwood Fire Chief Jerry Wallace, who lived in the house for 11 years.

"He put it on the market four times between 1994 and 2012," said DeNicola.

It wasn't until 2016, the last year carved on the door, that Wallace sold the tower to real estate investors Scott Ostlund and Barret Woods for \$1.5 million. The partners restored the home and opened it up for tours and vacation rentals.

So how did DeNicola become the unusual home's



**DR. GREGG DENICOLA**, the new owner of the Water Tower House in Seal Beach, stands in the top lounge room with a 360-degree view of the ocean. DeNicola plans to leave the house to his family and to rent it out on Airbnb.



**THE OUTDOOR DECK** with a view of the Pacific Ocean at the Water Tower House in Seal Beach.



**THE KITCHEN** in the Water Tower House in Seal Beach.

**"Tourists had the impression that our beaches faced the west; they really don't because of the curve. So this is actually south and the sunset happens over."**

— **Dr. Gregg DeNicola**  
Orange County historic preservationist

to be able to get all around it to work," DeNicola said.

The level also features a pirate-themed room with bunkbeds and a skull-and-crossbones flag.

A spiral staircase leads higher to two master bedrooms and two bathrooms with stained-glass windows.

The rotunda has an aquarium at the entrance and boasts a wet bar, four television sets and a compass designed into the wood floor.

"Tourists had the impression that our beaches faced the west; they really don't because of the curve. So this is actually south and the sunset happens over," said DeNicola, motioning to the west.

DeNicola said he plans to continue to make the house available as a vacation rental, when his family is not putting it to use. The property has had four renters since DeNicola acquired it.

"The summer rate is \$1,400 a night with a two-night minimum," DeNicola said.

DeNicola still has a few small repairs he wants to make to the home like a paint touch-up. But there is one other thing he has on his to do list.

"I need to get a welder to scratch my year, 2022, in the door," he said.

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new owner?

DeNicola has long been committed to the preservation of Orange County history.

He serves on the board of the Laguna Beach Historical Society and started a nonprofit called Citrus Historic and Preservation League (CHAPEL). He also assisted in the preservation and redesign of the packing house in Yorba Linda.

"It was going to possibly be torn down and I restored

it to a packing house motif. It is a medical office though," said DeNicola. "So I have this history thing in me."

DeNicola came across a feature story in the Wall Street Journal on the water tower, and while he was familiar with the house, it wasn't on the market. Then a few months later he was working with a Realtor to look for beachfront property, and she sent him a listing for the water tower as a

joke. DeNicola told the real estate agent he was actually interested.

The base of the tower houses two two-car garages and a bedroom that was used as quarters for a night watchman.

"When I was kid there were all these Vincent Price movies where you push a button and a weird door opens," DeNicola said as he wiggles a bookcase ajar to reveal a hallway to a small room.

A waterfall feature pays homage to the structure's water tower past, and a bathroom is decorated in burlap and barrels.

The elevator goes up to the second floor where there is a deck with a Jacuzzi DeNicola keeps at a toasty 101 degrees.

The elevator then rises to the next level with the kitchen and living room and a deck that circles the tower for a 360-degree view. "Back then, they needed

## THE DAILY COMMUTER PUZZLE

By Jacqueline E. Mathews

- ACROSS 1** "\_\_\_ we there yet?"  
**4** Throbbled painfully  
**9** Ruth or Didrikson  
**13** "\_\_\_ Window"; Hitchcock thriller  
**15** Lucky accident  
**16** "\_\_\_ is not to reason why"  
**17** Give a hoot  
**18** Film parts  
**19** Outer garment  
**20** Trite remark  
**22** Woman  
**23** Affluent  
**24** "The Catcher in the \_\_\_"  
**26** Wellesley College grad  
**29** Borrowing charge  
**34** Bowling alley sections  
**35** Pants parts  
**36** "What Kind of Fool \_\_\_?"  
**37** Enthusiastic  
**38** \_\_\_ to; mollycoddle  
**39** Cup's edge  
**40** Prestigious Cambridge univ.  
**41** Despised  
**42** Actress Davis  
**43** Quick joke  
**45** Went quickly  
**46** \_\_\_ standstill; not moving  
**47** Lacerated  
**48** Q-tip, e.g.  
**51** Two-faced  
**56** Strong desire  
**57** Creek  
**58** \_\_\_ in; wearing  
**60** Rod and \_\_\_; fishing gear  
**61** Blazing  
**62** Healthy  
**63** Stops  
**64** Well-known  
**65** Fellows

**DOWN**

- 1** St. Joan of \_\_\_  
**2** Bring in the

1	2	3		4	5	6	7	8		9	10	11	12
13			14		15						16		
17					18						19		
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56						57					58		59
60						61					62		
63						64						65	

## SUDOKU

By The Mepham Group

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit [sudoku.org.uk](http://sudoku.org.uk).

			2		8		3	1
	9	4					7	8
			4		1			
	4			2				
9		5				3		4
				3			1	
			5		9			
	3	6				9	5	
	2		3		6			

For answers to the crossword and Sudoku puzzles, see page A4.

- harvest  
 3 British peer  
 4 Egypt's location  
 5 Fabric  
 6 Video-on-demand website  
 7 \_\_\_ out a living; got by  
 8 Military runaway  
 9 One who likes
- strikes  
 10 Invisible emanation  
 11 Paper fastener  
 12 See at a distance  
 14 Provided with fresh weapons  
 21 Fruitcake  
 containers  
 25 Simple reply

- 26 Remembered Texas mission  
 27 Actress Linda  
 28 Come together  
 29 Lay to rest  
 30 Requirement  
 31 Where we all live  
 32 Clobber  
 33 Used a stopwatch  
 35 Princess Charlotte's mum  
 38 Trudeau or Mulroney  
 39 Ask tearfully  
 41 Batter's hope  
 42 Sunbathing risk  
 44 Can wrappers  
 45 \_\_\_ on; cheered for  
 47 "Over \_\_\_"; rousing  
 WWI/WWII song  
 48 Confident  
 49 Carolina \_\_\_; SC's state bird  
 50 Old  
 52 Part of FYI, briefly  
 53 Narrow cut  
 54 Close angrily  
 55 "A \_\_\_ of Two Cities"  
 59 Animal lair

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forum

COLUMN | **PATRICE APODACAC**

# The rewards and myths of reaching 'a certain age'

When I was young I imagined there would come a time when I would be the ideal age. My life would have evolved into the optimal package of fulfillment, accomplishment, romance, adventure and comfort. I would be my best self, living my best life.

Of course I had no idea when that perfect moment would come, yet I had a vague confidence that it was not only possible but probable. It was always out there, dangling in the distance, just out of reach, enticing me onward toward this have-it-all state of gratification.

Now that I am what is euphemistically (or patronizingly) described as "a woman of a certain age," I look back and wonder: Did I miss it? When exactly was that perfect time? Was it a figment of my youthful imagination all along? Or did it happen and I just didn't notice because, as John Lennon sang, I was "busy making other plans"?

Or maybe none of it matters a whit.

I have to admit that there's something liberating in the prospect of letting go of such notions. Others before me have



Jason Armond | Los Angeles Times

**THE TAP CHICKS** practice at Pasadena Senior Center. Growing older can be liberating, writes Patrice Apodaca.

described the feeling of reaching a certain age when they no longer cared about what other people thought of them or about trying to conform to an idealized image

that social conventions dictate. Growing older had freed them to live more authentically, they professed. Not perfectly, but more honestly and more accepting of

themselves. Now I think I know what they meant.

I never was, nor will I ever be, cool. And I'm not just OK with that, I embrace it: I'm old and I'm

nerdy. I sing off key, dance badly, read compulsively, watch "my shows," repeat my favorite stories, flee in terror from bugs and rodents, cry easily, hug tightly and love deeply. Deal with it.

And that retailer that I once banned my husband from shopping at because it was a store for "little old ladies"? It's now one of my favorites. I make no apologies for that.

But now that I'm playing on the back nine of life I also realize that there are some aspects of aging that do bother me. Not the getting old part. For that, I'm grateful because, as the saying goes, it beats the alternative.

What gets to me are the myths and misconceptions, the quiet prejudices and callous jokes that pass as acceptable; the casual ways that older people are often devalued or dismissed outright in our youth-oriented society. Age discrimination remains rampant in workplaces, even as we have made strides in confronting and countering other forms of bigotry, and aging is too often seen as a path to irrelevance and decrepitude, rather than experience and wisdom.

We oldies endure a lot of ridicule and condescension, and the stereotypes are legion. There's the

See **Apodaca**, page A7

**CROSSWORD AND SUDOKU ANSWERS**

A	R	E		A	C	H	E	D		B	A	B	E	
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6	5	7	2	9	8	4	3	1
1	9	4	6	5	3	7	8	2
2	8	3	4	7	1	5	9	6
3	4	8	1	2	5	6	7	9
9	1	5	8	6	7	3	2	4
7	6	2	9	3	4	8	1	5
8	7	1	5	4	9	2	6	3
4	3	6	7	1	2	9	5	8
5	2	9	3	8	6	1	4	7

**A WORD, PLEASE | JUNE CASAGRANDE**

## 'Compare to' or 'compare with'? It's a matter of style

When I was a beginning editor, old-timers coached me on the difference between "compare to" and "compare with." They were different, these experienced editors explained, and couldn't be used interchangeably.



"Compare to," they said, shows how things are alike, as in "Shall I compare thee to a summer's day?" and "compare with" means to examine the differences and likenesses of two or more things, "How do last year's earnings compare with this year's?"

It wasn't till much later I learned that editors can be wrong. How does that happen? How do people who get paid to fix word usage 40 hours a week misunderstand word usage? They assume that the rules of their job apply to the whole world. Imagine a teacher who every day tells kids, "No chewing gum! Spit it out!" walking up to a fellow shopper at her local grocery store and saying, "No chewing gum! Spit it out!" So when these



Brownie Harris | Corbis via Getty Images

**AMERICAN ACTOR** and comedian Bill Irwin, pictured in New York City in 1982. Grammar expert June Casagrande gives the following quote in Merriam-Webster's dictionary in her look at the word "compare": "Though Irwin is often compared with both Chaplin and Keaton as a silent clown, he is actually closer in attitude to Harold Lloyd."

veteran wordsmiths told me "compare to" and "compare with" were a matter of right and wrong, not a matter of style, they were wrong.

If you're an editor who works for a publication that uses Associated Press style, you'd be correct to enforce a difference between "compare to" and "compare with" in articles you edit because that's AP's rule: "Use 'compared to' when the intent is to

assert, without the need for elaboration, that two or more items are similar: 'She compared her work for women's rights to Susan B. Anthony's campaign for women's suffrage.' Use 'compared with' when juxtaposing two or more items to illustrate similarities and/or differences: 'His time was 2:11:10, compared with 2:14 for his closest competitor.'

See **Word**, page A7

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## School resource officer's outfit is sign of worrying times

What a sorry state we're in when your school-resource officer has to be dressed in full tactical gear welcoming kids to a Laguna Beach elementary school (Officials call for caution from drivers as Laguna Beach students return to class, Daily Pilot, Aug. 19).

That schools even need to be protected from a possible terrorist assault by a young man — it's always a young man — carrying most likely an AR15 assault rifle that is capable of literally decapitating a young child's body, it just makes me ill.

How and why did we get here? How do we extract ourselves? We can start by banning assault rifles, but there are already hundreds of millions of them out there. Think about that! Hundreds of millions of assault weapons. Not all will be used to massacre school kids, but that's not the point.

We've allowed the National Rifle Assn. and con-



Don Leach | Staff Photographer

**SCHOOL RESOURCE** Officer Cornelius Ashton directs students at Top of the World Elementary School.

servatives to read into the 2nd amendment this somehow absolute owning of these weapons of war.

The youngsters of today are sick of this slaughter, and it will be slow, but you watch. By the time all of these fanatics in local and national government finally start dying off or are voted out, the kids are going to take back their schools,

their movie theaters, their nightclubs, their concert venues.

Until then unfortunately, many innocents will likely perish due to a sickness that has enveloped this land.

**Mike Aguilar**  
Costa Mesa

See **Mailbag**, page A8

# CdM senior proud to represent at Boys Nation

BY MATT SZABO

With the onset of the new school year, it's natural for high school students to catch up with each other and ask how their summers went.

Corona del Mar High senior Luca Fasulo definitely has some stories to tell.

Luca attended American Legion Boys State in Sacramento in late June, learning government from the township to the state level.

He was recommended by his AP U.S. history teacher at CdM, Laura Mayberry. His school counselor who submitted the application, Charles Oyas, was on the same page.

"He's responsible, mature, smart, dedicated, has a good heart," Oyas said of Luca. "I know it sounds cliché, but he really does fill all of those. He's an all-around great young man. I would give him my car keys and not worry about if he was going to do anything stupid."

At the conclusion of Boys State, Luca found out he got an even bigger honor. He was selected as one of two incoming seniors from California selected to attend Boys Nation, which offers a similar program at a federal senate level.

Luca spent a week in the Washington, D.C. area, from July 22 to 29. He had the opportunity to tour the nation's capital and see national monuments. But more than that, he participated in the American Legion Boys Nation Senate.

Luca was one of several Boys State attendees honored Tuesday night at American Legion Post 291 in Newport Beach, which sponsors the program. He said he's invited back in a couple of weeks to speak more on his experience.

Boys State featured more than 800 participants, including three from CdM. The program got going right away, with a mock bar



Don Leach | Staff Photographer

**LUCA FASULO**, a Corona del Mar High senior, was selected as a senator for American Legion Boys Nation last month.

exam on the first day.

"Luckily, it's not as tough as the first bar exam, but you do have to study for it," Luca said. "It was pretty competitive. There were some kids that didn't pass. From there, you try out for anything from district attorney to being on the Supreme Court."

Luca said he had two goals going into the experience: getting into the Senate and being president pro tempore, or going to Boys Nation. But he knew both would be tough.

He ran for both editor-in-chief and the party secretary for the Whig party at Boys State. He was elected to neither, but kept working.

"Out of 24 cities, 14 representatives were Federalists and 10 were Whigs," he said. "As a Whig, I was in the minority. I knew I had to do something to get the pro tempore spot, but it

wasn't very likely. I made the effort by going county to county, city to city, seeking out these senators and trying to convince them of my goal."

His platform of finding common ground ended up resonating, and he was eventually elected as pro tempore by a 13-11 vote.

"I just remember all of the Whigs jumping up and cheering, so overjoyed," Luca said, adding that his counselor at Boys State, Dale Major, told him it was the first time that the pro tempore had come from the minority party in 24 years.

The last time it happened, the student was selected for Boys Nation. History repeated itself for Luca, who also is a captain of the CdM boys' soccer team — he plays center back — and activities commissioner for ASB, among other activities.

"I wasn't the smartest kid

there, and I wasn't the most knowledgeable on government process or politics or the current climate of our country," he said. "But I was able to implement some of the things I've learned in leadership through Youth & Government, through ASB, and all of the leadership roles through soccer. That ended up being what the important lesson was, really. I believe that's what got me to Boys Nation."

Mayberry said she thought Luca would be perfect for the program. Last school year he would visit her before or after school to talk about politics, even relating things that the class was learning about to contemporary things that were happening.

"He's confident and he's articulate, and that's really going to resonate when you get [to Boys Nation]," she said. "He's the perfect representative of our school

and our community ... I'm a pretty big fan. I try to keep him grounded, but it's hard because he's pretty perfect. He conducts himself with integrity and he leads by example."

Luca said he found the Boys Nation program stimulating. Before last year, most of his knowledge of government and politics came from participating in Youth & Government for three years.

He ended up introducing a bill related to temporarily banning a pesticide that was killing bees in California.

"Having these conversations with people from all different backgrounds and cultures and political views, those are really defining moments," he said. "It's run exactly like the U.S. Senate. We have to go through committees, then we go to the floor. We're lobbying for bills behind the scenes. It's



Courtesy of Robert Fasulo

**CORONA DEL MAR** High senior Luca Fasulo is pictured with U.S. Sen. Alex Padilla (D-CA).

really full-on."

Luca said that visiting the Vietnam Veterans Memorial, which is arranged by the American Legion, was a highlight of his trip. The Boys Nation members were unable to meet with President Joe Biden at the White House because the president had COVID-19 at the time.

He also participated in a Capitol Hill Day that he won't soon forget.

"Walking around the halls and seeing a flag from California, a flag from Texas, a flag from New Jersey, it all brings it really to life," he said. "Just being in that controlled chaos environment has inspired me, definitely helped me see where I want to go in the future with my career in politics."

Luca added that Sons of the American Legion National Commander Michael Fox, from California, served as a tour guide for the four Boys Nation and Girls Nation representatives from California.

The trip has clearly inspired Luca, who recently joined the Youth Leaders Political Action Committee as the Orange County representative.

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# The new 'A' has elements of the old

BY SARAH MOSQUEDA

A Restaurant in Newport Beach is known for steak dinners and a dimly lit dining room while CdM Restaurant in Corona del Mar is known for a sleek perspective on New American cuisine. A Crystal Cove in Newport Coast intends to offer the best of both.

The restaurant, open for about a month in the Crystal Cove Shopping Center, is the latest offering from River Jetty Restaurant Group partners, Joseph "McG" Nichol and Jordan Otterbein, whose group includes A Restaurant, A Market and CdM Restaurant.

"A Crystal Cove is a different vibe," said Staci Beech, a server who works lunches at A Crystal Cove and dinners at A Restaurant. "It is a combination of our CdM and A Restaurants menus."

A Restaurant opened originally as the Arches in 1926, and the red booths and mood lighting create a feeling of nostalgia that Nichol and Otterbein preserved when they took over in 2008, while CdM boasts a more trendy vibe with a "Speakeasy" bar downstairs.

A Crystal Cove is 5,400 square feet and has interior seating for 200, with the red leather booths of A Restaurant on one side and the signature blue banquettes of CdM on the other. The centerpiece is a 24-seat, oval-shaped bar with drink rail. A complimentary antique photo booth, like the one found in CdM Restaurant, is also available, and there are plans to host DJs on Saturday nights.

"Each of our dining concepts is tailored to the unique communities in which they are located, and we're thrilled to introduce our Crystal Cove neighbors to their favorite new hang-out," said Otterbein.

The menu is helmed by Executive Chef Elvis Morales, who has worked at both A Restaurant and CdM Restaurant, and includes a seasonal rotation of greatest hits from both establishments. Favorites from the other locations that can be found on A Crystal Cove's menu include the duck liver pate with huckleberry gelee and spicy yellowfin tuna with tempura eggplant and sriracha aioli.

And then there are some surprises, like the chicken piccata, only available as a special on Tuesday nights at A Restaurant, but served daily on the lunch and dinner menus at A Crystal Cove.

Beech, who has worked with A Restaurant for nine years, said she sees clientele dining at the restaurant group's multiple locations.

"Some faces I see here at lunch and then I actually see them at dinner," said Beech. "There is kind of an A for everybody at any time."

Beech has worked in the Orange County restaurant industry for 48 years, starting at the Jolly Roger on Balboa Island where she served ice cream and tacos out of its to-go service window at age 15. A Restaurant holds special meaning for her too.

"I actually got engaged at that restaurant 39 years ago," said Beech, who is still happily married. "So I am constantly waiting on people in my booth. It is a special place in my heart."

The A Crystal Cove team hopes guests will make just as many happy memories at their new location, which Beech imagines won't be too difficult.

"When you walk in, you know you are going to have happy faces," said Beech.

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Photos courtesy of A Crystal Cove

**THE BAR AT** A Crystal Cove, a new restaurant in Newport Beach that blends features of A Restaurant and CdM Restaurant.



**CHICKEN PICCATA** at A Crystal Cove.



**INSIDE A** Crystal Cove restaurant, a new high-end eatery in the Crystal Cove Shopping Center in Newport Coast.

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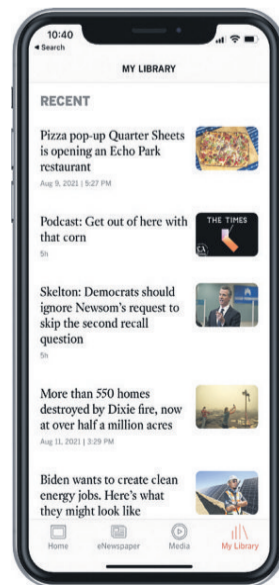
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The state of what's next. **Los Angeles Times**

# RODEO

Continued from page A1

said Aguirre.

The rodeo was a way to share the hard work and traditions of a working ranch with the public.

“Everything you see at rodeo is what goes on at a ranch on a daily basis. Everything happens on a ranch at sometime, whether you’re riding bronc or roping calves,” said Aguirre.

The rodeo featured seven events with the best rodeo athletes in the world competing and draws nearly 9,000 visitors each year.

“You are only competing against 29 other people in each event,” said Aguirre.

And the competition is stiff.

“We take the top 30 money winners, as of Aug. 1, in each event,” said Aguirre. “We get the best cowboys coming to this rodeo.”

The gates opened at 1 p.m. on Saturday with opening ceremonies held at 3:45 p.m. The seven rodeo events (saddle bronc riding, bareback riding, bull riding, steer wrestling, tie-down roping, team roping and breakaway roping) began late in the afternoon.

“Tie-down roping is just one man and one horse, and those calves that you see out there are the ones



Kevin Chang | Staff Photographer

**GILBERT AGUIRRE**, left, Mission Viejo Ranch executive vice president, and **Tony Moiso**, Mission Viejo Ranch chairman and CEO, stand together at Rancho Mission Viejo’s Cow Camp. The ranch has played host to Orange County’s only rodeo for the last two decades.

they’ll rope,” said Aguirre, motioning to a nearby field.

For tie-down roping, the calf is given a head start, and the mounted cowboy gives chase, ropes the calf and jumps off his horse and

ties any three of the ani-

mal’s legs together.

“There is a lot of timing involved,” Aguirre said. “It usually happens in anywhere from eight seconds to 12 seconds.”

The first day closed with a dance and concert per-

formance by Nashville-based country singer and Moiso’s granddaughter, Daisy Sellas.

The celebration continues today with gates opening at 11:30 a.m. and rodeo events starting at 1:30 p.m.

# WORD

Continued from page A4

The Chicago Manual of Style, which book editors follow, has the same rule. So if you’re writing for publication, by all means follow their advice. But in the real world, worrying about whether you should put “to” or a “with” after “compare” is a waste of time.

In fact, you probably comply with the editing guides without realizing it. As Merriam-Webster’s Dictionary of English Usage observed, that’s what most people do. The usage guide’s editors examined real-world examples from print and noticed that when people use “compare” to mean “liken,” they usually pair it with “to” — just like the style guides say. Here’s an example from Merriam’s: “They were blue, but a blue so deep I can only compare it to the color of the night sky.”

Less commonly, writers use “with” in this sense, as seen in this example from Merriam’s: “Though Irwin

is often compared with both Chaplin and Keaton as a silent clown, he is actually closer in attitude to Harold Lloyd.”

When “compare” is part of an introductory phrase without a subject, writers are equally as likely to use “to” as “with,” possibly because it’s not clear what meaning of “compare” applies: Compared to him, I’m a bungler. Compared with him, I’m a bungler.

English rules always derive from common usage, which is why Merriam’s analysis rests entirely on how past writers have used the word. But while that’s true for every aspect of our language, it goes double for the question of which preposition to pair with another word.

There is no authoritative book of rules about preposition choices like “differ from” vs. “differ with,” “affinity for” vs. “affinity with,” “demand for” vs. “demand of,” “dissimilar to” vs. “dissimilar with.” Sometimes you’ll find answers in a dictionary, but not always.

“The proper preposition is a matter of idiom,”

wrote Theodore M. Bernstein in “The Careful Writer,” “and idioms, if they do not come ‘naturally,’ must be either learned or looked up.”

When all these sources fail you, Bernstein says, “the only thing to do is to consult three knowing

friends and get a consensus.”

**JUNE CASAGRANDE** is the author of “The Joy of Syntax: A Simple Guide to All the Grammar You Know You Should Know.” She can be reached at [JuneTCN@aol.com](mailto:JuneTCN@aol.com).

# APODACA

Continued from page A4

cranky “get off my lawn” guy; the clueless, offbeat grandma, and the past-their-primers incapable of understanding technology or social media or rap music. They’re either adorable or annoying, but definitely out of touch, and every memory lapse is a sign of imminent cognitive decay.

No wonder so many of us try hard not to look our age. In Newport Beach, where I live, cosmetic surgery is as common as a day at the beach, and sculpted, spray-tanned, fitness-obsessed 70-year-olds don’t look a day over 50. It’s easy to judge, but can you really blame them for clinging to a youthful exterior, given our cultural biases?

Even many of the ways that we supposedly honor or celebrate older people can feel awkward and off base.

Take the trend of the past few years known variously as the granny chic, coastal grandma, or grandmillennial style. Picture the floppy, wide-brimmed hats, oatmeal-colored knits and flowing linen ensembles worn by Diane Keaton in nearly every movie in which she’s appeared since I don’t know when.

Nothing against Keaton — she’s a fine actor and her style is appealing — but isn’t the character of a klutzy but endearing older woman who makes self-deprecating comments about her age and takes long walks on the beach while deciding whether to give love another try getting a bit tired?

While I’m glad that films headlining mature women are getting made, do they really need to double down on lazy tropes about aging bodies and minds? Rather than another story about an older person discovering they’re not ready to give up on life after all, I’d prefer more portrayals of confident, engaged seniors who are still contributing to the world and commanding respect, without the constant references to “old people problems.” And enough with the infantile jokes about erectile dysfunction and weak bladders.

Older folks are more than the number of trips they’ve taken around the sun. They have much to offer and a wealth of hard-earned lessons to draw from. As the poet Robert Frost famously wrote, “The afternoon knows what the morning never suspected.”

The truth is I never had that perfect time in my life when I was at the top of my game and all the pieces fell neatly into place. Every stage has had its struggles and joys. Life is messy, but every bit of it is a gift, even the part with creaky joints. Especially that part.

**PATRICE APODACA** is a former Los Angeles Times staff writer and is coauthor of “A Boy Named Courage: A Surgeon’s Memoir of Apartheid.” She lives in Newport Beach.

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**PROJECT LOCATION:** Nearshore Ocean Beaches, Newport Beach, CA  
**DATE:** Wednesday, September 7, 2022  
**TIME:** 9:00 AM  
**PLACE:** Virtual and in Person. See address below  
**PHONE:** (415) 904-5200  
**ITEM NO:** W13b

**HEARING PROCEDURES:**  
PLEASE NOTE THAT THIS WILL BE A HYBRID MEETING, WITH BOTH VIRTUAL AND IN PERSON PARTICIPATION ALLOWED. Please see the Coastal Commission’s Hybrid Hearing Procedures posted on the Coastal Commission’s webpage at [www.coastal.ca.gov](http://www.coastal.ca.gov) for details on the procedures of this hearing. If you would like to receive a paper copy of the Coastal Commission’s Hybrid Hearing Procedures, please call 415-904-5202. The in-person hearing will be held at Cliff Hotel, 2757 Shell Beach Rd., Pismo Beach, CA 93449. The Commission strongly encourages continued participation virtually through video and teleconferencing due to changing Covid-19 conditions.

**AVAILABILITY OF STAFF REPORT:**  
A copy of the staff report on this matter will be available no later than 10 days before the hearing on the Coastal Commission’s website at <http://www.coastal.ca.gov/mtgcurr.html>. Alternatively, you may request a paper copy of the report from Mandy Revell, Coastal Program Analyst, at the South Coast District Office.

**SUBMISSION OF WRITTEN MATERIALS:**  
If you wish to submit written materials for review by the Commission, please observe the following:

- Submit your written materials to the Commission staff no later than 5:00 p.m. on the Friday before the hearing (staff will then distribute your materials to the Commission). Note that materials received after this time will not be distributed to the Commission.

- Mark the agenda number of your item, the application number, your name and your position in favor or opposition to the project on the upper right hand corner of the first page of your submission. If you do not know the agenda number, contact the Commission staff person listed on page 2.

- A current list of Commissioners’ names and addresses is available on the Coastal Commission’s website at <http://www.coastal.ca.gov/roster.html>. If you wish to submit materials directly to Commissioners, we request that you mail the materials so that the Commissioners receive the materials no later than Thursday of the week before the Commission meeting. You must provide Commission staff with a copy of any materials that you provide to Commissioners. Please mail the same materials to all Commissioners, alternates for Commissioners, and the three non-voting members on the Commission with a copy to the Commission staff person listed on page 2.

- You are requested to summarize the reasons for your position in no more than two or three pages, if possible.

**Please note:** While you are not prohibited from doing so, you are discouraged from submitting written materials to the Commission on the day of the hearing, unless they are visual aids, as it is more difficult for the Commission to carefully consider late materials. The Commission requests that if you submit written copies of comments to the Commission on the day of the hearing, that you provide 20 copies.

**ALLOTTED TIME FOR TESTIMONY:**  
Oral testimony may be limited to 3 minutes or less for each speaker depending on the number of persons wishing to be heard.

**ADDITIONAL PROCEDURES:**  
The above item may be moved to the Consent Calendar for this Area by the Executive Director when, prior to Commission consideration of the Consent Calendar, staff and the applicant are in agreement on the staff recommendation. If this item is moved to the Consent Calendar, the Commission will either approve it with the recommended actions in the staff report or remove the item from the Consent Calendar by a vote of three or more Commissioners. If the item is removed, the public hearing described above will still be held at the point in the meeting originally indicated on the agenda.

No one can predict how quickly the Commission will complete agenda items or how many will be postponed to a later date. The Commission begins each session at the time listed and considers each item in order, except in extraordinary circumstances. Staff at the appropriate Commission office can give you more information prior to the hearing date.

Questions regarding the report or the hearing should be directed to Mandy Revell, Coastal Program Analyst, at the South Coast District Office.

Published in the Daily Pilot on: August 28, 2022

Vendors and a variety of family-friendly activities, like a trackless train, jump house and face painting are available.

All proceeds from the rodeo benefit local San Juan Capistrano charities, like the Shea Therapeutic Riding Center, CHOC at Mission Hospital and the San Juan Capistrano Boys & Girls Club.

“This special event has raised an incredible amount of funds for local charities, and we look forward to continuing to give back to our wonderful community,” said Moiso. “We’ve come up with the idea to give them enough money to do something. We pride ourselves on

that.” To date, the Rancho Mission Viejo Rodeo has raised more than \$2.6 million for local charities.

Sharing the traditions of the American West while giving back, are the families’ main motivators, said Aguirre.

“The reason we do it is because we can,” said Aguirre. “And we are doing it not for ourselves, but for the community. We are giving back to the community.”

“And,” Moiso adds, “it’s a lot of fun.”

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## Daily Pilot

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# SHELTER

Continued from page A1

erties across South Orange County, including two in Laguna Beach. It has a bridge housing program located at 1335 South Coast Highway, and there is also an alternative sleeping location emergency shelter in Laguna Canyon.

Mia Ferreira, director of services for Friendship Shelter, shared what she'd learned about Henderson's character through conversations with others who knew him.

She said she was told

Henderson "was somebody who was very committed to the dignity of the individual, and that he wanted to be about programs and systems that promoted the dignity of the human being. Whatever your background ... [the shelter] would create spaces that would be inclusive for everyone and create dignified spaces.

Shelter and housing were viewed as a right for individuals, "versus something people had to work hard to get," Ferreira said.

The ASL emergency shelter has raised cots, allowing its current inhabitants to store some of their belong-



Photos by Don Leach | Staff Photographer

**MANAGER** Mike Fotion looks at a wall with numbers that reflect housing placement results in the Laguna Beach Friendship Shelter community room on Thursday. The organization supports homeless people throughout Orange County.

ings beneath their beds. Persons living there also have access to a personal locker, a backyard, laundry and case management services.

The ASL and bridge housing program combined can accommodate up to 30 people experiencing homelessness at one time.

Dawn Price, the executive director of Friendship Shelter, said the pandemic offered both hardship and opportunity for the organization. When state officials mandated the public to shelter in place, it drew attention to homelessness as a health emergency.

"Whenever I have hard things to do as a staff leader, I think about, 'What would Colin do?' and try to mold myself after him," Price said. "I had the great, good fortune of working with him for many years, and the hardest thing we had to do was that day that Gov. [Gavin] Newsom put the stay-at-home order into place.

"We had to tell our staff to show up the next day and work in a shelter — a mass shelter — with people who may or may not understand the situation, may or may not have the capacity to be compliant with masks and other

things. It was a big ask of our staff, and they responded."

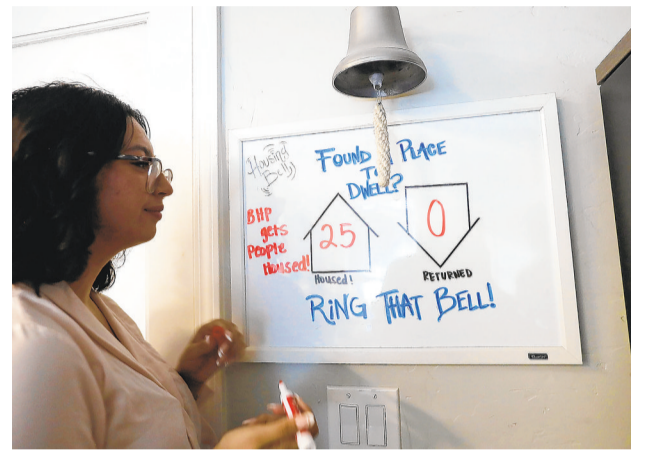
Community members have embodied Henderson's trademark characteristic of human kindness, too, as Price said volunteers provide many of the meals at Friendship Shelter.

After spending three months camping in the hills surrounding Laguna Beach, Kirk Mackley, 51, said he has been residing at the shelter on South Coast Highway for about seven weeks. As the shelter's upper level overlooks the Pacific Ocean, it has provided its own natural therapeutic elements.

"I'm getting medical help, ... a psychiatric clean bill of health, and I'm going in for my physical in like a week," Mackley said of how he has been able to regroup at the shelter. "I've gained a lot of weight, and the food is not fast food, so it's really good, and I really enjoy having the different guest chefs come in.

"I encourage anybody who is interested in helping homeless people, instead of putting money in the tray, a better way to serve people is to try to pinpoint their needs, so you don't find yourself enabling people in the wrong way."

The bridge housing pro-



**STAFF MEMBER** Viridiana Vasquez changes the number to 25 on the "found a place to dwell bell" on the wall at the Laguna Beach Friendship Shelter on Thursday.

gram has more residential look, with individual units, a living room and a kitchen. There is also a job board and listings for affordable housing across Orange County.

Price could not recall a moment of anger from the late Henderson, who in his early days as a priest at St. Mary's Episcopal Church in Laguna Beach offered homeless individuals shelter within the church.

"I draw a direct line from the values and work ethic and compassion and care that our staff provides every day [to Henderson]," Price said. "... He started this organization with those kinds

of values and that approach, and the humility that says that the person on the street or in your shelter knows more about what's going to work for them and why they're there and what they need than you or I ever will.

"We start first with listening, and that comes directly from Colin."

Services for Henderson are scheduled for 1:30 p.m. (5:30 a.m. Pacific Time) on Sept. 12 at St. Martin's Church in Potternewton, Leeds. The family hopes to livestream the ceremony.

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# TIME

Continued from page A1

ing right now, and a future that we hope to get to," Holman said. "Survivors of trauma — fires, shootings — often say things like 'I felt like I was in slow motion' or 'I felt time had stopped.'

"That's because you're just, all of a sudden, it's a complete shift in how your world is. That natural flow of 'I know who I am, what I'm doing now' — it stops and gets interrupted."

Holman said when that lapse in the perception of time is unaddressed, it can put people at greater mental health risk.

"What happens to people is they end up getting stuck in the trauma. As time moves on, they don't mentally move on," said Holman, adding that this is true of psychological conditions such as post-traumatic stress disorder.

"Being able to reintegrate one's past with the present — knowing where I am now and where I'm going, the future. That's really important for mental health.

"Having your sense of time get messed up to the extent that it really screws you up in terms of where you see yourself going in

your life, in the context of the loneliness that people were experiencing and the social isolation, it's an open question now that I'm trying to address. How does that alter your sense of time? How might the social isolation of the pandemic have contributed to that alteration in your sense of time because you're spending all of this time by yourself?"

Researchers examined responses about distorted time perception and other pandemic related experiences from a probability-based national sample of 5,661 participants from the National Opinion Online Research Center AmericaSpeak panel.

Surveys were conducted in 2020 between March and April, then again in September and October. The paper, recently published in Psychological Trauma: Theory, Research, Practice, and Policy, is the first two waves of research. At least two more periods of data collection are expected to follow, according to Holman.

Research documented how common the experience of losing one's sense of time was in the first six months of the pandemic. The study noted that secondary stressors to the

pandemic were also predictors of time distortion.

"We were able to measure this in a nationally representative sample of Americans as they were experiencing a protracted collective trauma, which has never been done before," said Holman in a statement. "This study is the first to document the prevalence and early predictors of these time distortions.

"There are relatively new therapies that can be used to help people regain a more balanced sense of time, but if we don't know who is in need of those services, we can't provide that support."

Holman said her greatest concern lies with young people, whose lives she says were upended.

"The pandemic really disrupted their lives at a very young age when they're trying to set forth where they're going to go with their lives," said Holman. "Are they going to go to college? What are they going to study? It's also the cascading nature of these events too. There's so many different events that are threatening their futures.

"Climate change has been a huge thing that a lot of young people are feeling really overwhelmed by. Add

that to a pandemic that's killing people ... and the impact on young people to see such devastation at a young age in their lives," she added.

Holman was asked what people should do if they recognize they've lost their sense of time.

"In order for people to regain a sense of well-being around all of this could mean some people are going to need to work on how to rebuild their futures," she said. "How do we rebuild a future that works for us? What do we do? How do we get engaged to take the steps that we need to take to make sure we have that feeling that there is a future for me?"

Holman encourages those still experiencing this lapse in time perception to take steps, however small, to work toward a positive goal for themselves and to try and reintegrate their past into their present and their present into their future.

"Reintegrating that full flow is really important to maintain mental health and well being," said Holman. "Community engaged action is one way to do that."

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## Government must protect people's interests

Scott M. Bartell knows that PFAs have been contaminating our water sources and affecting our health for many decades (Commentary: PFAS are "forever" chemicals contaminating our water sources and affecting our health, Daily Pilot, Aug. 18). This has been and still is a long-term regulatory failure. The National Academies of Sciences, Engineering and Medicine provided impor-

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Send an email to [erik.haugli@latimes.com](mailto:erik.haugli@latimes.com) and include your full name, hometown and phone number (for verification purposes) with your submission. All letters should be kept to 350 words or less and address local issues and events. The Daily Pilot reserves the right to edit all accepted submissions for clarity, accuracy and length.

tant information, but government must act upon it and other long-term chemical threats in a more timely fashion.

Our future, more and more, depends on government to protect our interests. Private industry exists to make a profit. Government exists to represent the interests of the people, not

the political parties that are currently in power.

**Jim Hoover**  
Huntington Beach

## Stolen checks, bad mailboxes

Please consider advising Laguna residents to not mail their bills using the

street-side mailboxes on Ocean Avenue. Several checks of mine, all dropped at this mailbox, were "lost."

The clerks at the post office acknowledge thefts from these mailboxes are rampant and say they have complained to supervisors, yet their management does nothing. The city also has no jurisdiction.

These low-life thieves use tape and wire to "fish" for credit card data and checks.

At a minimum, you would think the postal authorities would place a warning sign. My calls ignored; they couldn't care less! Can the city help?

**Ken Denton**  
Laguna Beach