

Thursday, August 20, Prime-time: Cable

	7:30 pm	8:00 pm	8:30 pm	9:00 pm	9:30 pm	10:00 pm	10:30 pm	11:00 pm	11:30 pm
A&E	The First 48 (7)	The First 48 (TV14) (CC)		The First 48 (TVPG) (N) (CC)		Court Cam (CC)	Court Cam (CC)	Court Cam (CC)	Court Cam (CC)
AMC	The Dark Knight Rises ★★★ (2012) Christian Bale, Anne Hathaway. Eight years after he took the blame for Harvey Dent's death and vanished into the night, Batman is forced out of his self-imposed exile by a cunning cat burglar and a merciless terrorist called Bane. (PG-13) (7) (CC)							Jack Ryan: Shadow Recruit ★★ (2014) Chris Pine, Kevin Costner. (PG-13) (CC)	
Animal P	Deadliest Catch (TVPG) (7)	Deadliest Catch (TVPG) (CC)		Deadliest Catch (TVPG) (CC)		Deadliest Catch (TVPG) (CC)		Deadliest Catch (TVPG) (CC)	
BBC A	A Few Good Men (5) (CC)	The Green Mile ★★★ (1999) Tom Hanks, David Morse. In 1935 a head prison guard realizes a man on death row may be innocent and have a supernatural ability to heal others. (R) (CC)							
BET	Lottery Ticket ★★ (2010) Bow Wow, Brandon T. Jackson. (PG-13) (7:05) (CC)					Democratic National Convention (N) (CC)		Ruff Ryders: Chronicles (TV14) (CC)	
Bravo	Real Housewives of NYC (7) (CC)	The Real Housewives of New York City (TV14) (N) (CC)		The Real Housewives of New York City (TV14) (N) (CC)		The Real Housewives of New York City (TV14) (CC)		The Real Housewives of Beverly Hills (TV14) (CC)	
CMT	Last Man Standing (TVPG)	Grease ★★★ (1978) John Travolta, Olivia Newton-John. Nice Sandy and greaser Danny try to be like each other in their 1950s high school. (PG) (CC)				Runaway Bride ★★ (1999) Julia Roberts, Richard Gere. (PG) (CC)			
Comedy	The Office (TVPG) (7:25)	The Office (TVPG) (CC)	The Office (TV14) (CC)	The Office (TVPG) (CC)	The Office (TVPG) (CC)	The Office (TV14) (CC)	The Office (TVPG) (CC)	Daily Show: Trevor Noah (CC)	The Office (TVPG) (11:45)
Discovery	Homestead Rescue (7) (CC)	Homestead Rescue (TVPG) (N) (CC)		100 Days Wild (TV14) (N) (CC)		Homestead Rescue (TVPG) (CC)		Homestead Rescue (TVPG) (CC)	
Disney	Bunk'd (TVG) (7:35) (CC)	Bunk'd (TVG) (CC)	Raven's Home (TVG) (8:25) (CC)	Raven's Home (TVG) (8:50) (CC)	Bunk'd (TVG) (9:40) (CC)	Bunk'd (TVG) (10:05) (CC)	Gabby Duran & the Unsittables (CC)	Bunk'd (TVG) (10:55) (CC)	Raven's Home (TVG) (11:20) (CC)
E!	Las Vegas (TV14) (CC)		Las Vegas (TV14) (CC)		Las Vegas (TV14) (CC)		Las Vegas (TV14) (CC)		Nightly Pop (CC)
Food	Beat Bobby Flay (TVG) (CC)	Beat Bobby Flay (TVG) (CC)	Beat Bobby Flay (TVG) (CC)	Restaurant: Impossible (TVG) (N) (CC)			Beat Bobby Flay (TVG) (CC)	Beat Bobby Flay (TVG) (CC)	Beat Bobby Flay (TVG) (CC)
Freeform	Sister Act ★★ (1992) Whoopi Goldberg, Maggie Smith. (PG) (7) (CC)			Sister Act 2: Back in the Habit ★★ (1993) Whoopi Goldberg, Kathy Najimy. (PG) (CC)			The 700 Club (TVG) (CC)		
FX	The Fate of the Furious ★★ (2017) Vin Diesel, Dwayne Johnson. (PG-13) (7) (CC)					The Fate of the Furious ★★ (2017) Vin Diesel, Dwayne Johnson. (PG-13) (CC)			
Hallmark	Summer in the City (6) (CC)	Pearl in Paradise (2018) Jill Wagner, Kristoffer Polaha. (CC)				Golden Girls (TVPG) (CC)	Golden Girls (TVPG) (CC)	Golden Girls (TVPG) (CC)	Golden Girls (TVPG) (CC)
HGTV	Christina on the Coast (CC)	Christina on the Coast (TVG) (CC)		Christina on the Coast (TVG) (N) (CC)		House Hunters (TVG) (N) (CC)	House Hunters International (CC)	House Hunters (TVG) (CC)	House Hunters International (CC)
History	Alone (TV14) (6:30) (CC)	Alone (TV14) (Season finale) Hardcore survivalists seek to stay alive in extreme locations around the world. (N) (CC)					Mountain Men (TVPG) Josh hits the jackpot. (11:05) (CC)		
IFC	2 & 1/2 Men (TV14) (CC)	2 & 1/2 Men (TV14) (CC)	2 & 1/2 Men (TV14) (CC)	2 & 1/2 Men (TV14) (CC)	2 & 1/2 Men (TV14) (CC)	2 & 1/2 Men (TV14) (CC)	2 & 1/2 Men (TV14) (CC)	2 & 1/2 Men (TV14) (CC)	2 & 1/2 Men (TV14) (CC)
Lifetime	Married at First Sight (7) (CC)	Married at First Sight (TV14) (N) (CC)		Married at First Sight (TV14) (N) (CC)		Married at First Sight The couples answer blunt questions. (N) (CC)		Married at First Sight (TV14) (CC)	
MTV	Ridiculousness (TV14) (CC)	Double Shot at Love With DJ Pauly D and Vinny (TV14) (CC)		Revenge Prank (TV14) (N) (CC)	Ridiculousness (TV14) (CC)	Ridiculousness (TV14) (CC)	Ridiculousness (TV14) (CC)	Ridiculousness (TV14) (N) (CC)	Ridiculousness (TV14) (CC)
Nat Geo	Life and Death Row (7) (CC)	Life and Death Row (TV14) (CC)		Life and Death Row (TV14) (CC)		Life and Death Row (TV14) (CC)		Life and Death Row (TV14) (CC)	
Nickelodeon	Shrek Forever After (6) (CC)	Rio 2 ★★ (2014) Voices of Anne Hathaway, Jesse Eisenberg. (G) (CC)				Friends (TVPG) (CC)	Friends (TVPG) (CC)	Friends (TV14) (CC)	Friends (TVPG) (CC)
OWN	20/20 (7) (CC)	20/20 (TV14) (CC)		20/20 on ID (TV14) (CC)		20/20 (TV14) (CC)		20/20 (TV14) (CC)	
Paramount	2 & 1/2 Men (TV14) (CC)	Rocky ★★★★★ (1976) Sylvester Stallone, Talia Shire. Heavyweight champ Apollo Creed gives Philadelphia club fighter Rocky Balboa a title shot. (PG) (CC)					Rocky IV ★★ (1985) Sylvester Stallone, Talia Shire. (PG) (CC)		
Sundance	Law & Order (TV14) (7) (CC)	Law & Order (TV14) (CC)		Law & Order (TV14) (CC)		Law & Order (TV14) (CC)		Law & Order (TV14) (CC)	
Syfy	The Bourne Identity ★★★ (2002) Matt Damon. (PG-13) (6) (CC)		The Bourne Supremacy ★★★ (2004) Matt Damon, Franka Potente. (PG-13) (CC)			Resident Evil: The Final Chapter ★★ (2016) Milla Jovovich, Iain Glen. (R) (10:45) (CC)			
TBS	Big Bang (TVPG) (CC)	Big Bang (TVPG) (CC)	Big Bang (TVPG) (CC)	Big Bang (TVPG) (CC)	Big Bang (TVPG) (CC)	Lost Resort (TV14) (N) (CC)		Conan (TV14) (CC)	Lost Resort (TV14) (CC)
TCM	Life With Father ★★ (1947) William Powell, Irene Dunne. (6:45) (CC)		One Way Passage ★★ (1932) William Powell, Kay Francis. (CC)			Jewel Robbery ★★ (1932) William Powell, Kay Francis. (CC)			
TLC	Dr. Pimple Popper (TV14) (7)	Dr. Pimple Popper (TV14)		Dr. Pimple Popper (TV14) (N)		Dr. Pimple Popper (TV14) (N)		My Feet Are Killing Me (TV14)	
TNT	Wonder Woman ★★★ (2017) Gal Gadot, Chris Pine. (PG-13) (7) (CC)					Wonder Woman ★★★ (2017) Gal Gadot, Chris Pine. (PG-13) (CC)			
Toon	We Bare Bears (TVY7) (7:45)	Bob's Burgers Animated. (CC)	Bob's Burgers Animated. (CC)	American Dad Animated. (CC)	American Dad Animated. (CC)	Rick and Morty Animated. (CC)	Rick and Morty Animated. (CC)	Family Guy Animated. (CC)	Family Guy Animated. (CC)
Travel	Ghost Adventures	Ghost Adventures (TVPG) (CC)		Ghost Adventures (TVPG) (N) (CC)		Ghost Adventures (TVPG) (N) (CC)			
TruTV	Jokers (TV14)	Jokers (TV14)	Jokers (TV14)	Jokers (TV14)	Tacoma FD (CC)	Tacoma FD (CC)	Tacoma FD (CC)	Jokers (TV14)	Jokers (TV14)
TV Land	Andy Griffith (CC)	Raymond (CC)	Raymond (CC)	Raymond (CC)	Raymond (CC)	Raymond (CC)	Raymond (CC)	King of Queens	King of Queens
USA	Chrisley Knows Best (TV14) (CC)	Cannonball (TVPG) (N) (CC)		Chrisley Knows Best (N) (CC)	Chrisley Knows Best (TV14) (CC)	Chrisley Knows Best (TV14) (CC)	Chrisley Knows Best (TV14) (CC)	Chrisley Knows Best (TV14) (CC)	Chrisley Knows Best (TV14) (CC)
VH1	Friday (6) (CC)	Next Friday ★★ (2000) Ice Cube, Mike Epps. (R) (CC)				Friday After Next ★ (2002) Ice Cube, Mike Epps. (R) (CC)			
WGN A	How I Met (CC)	How I Met (CC)	How I Met (CC)	Married ... (CC)	Married ... (CC)	Married ... (CC)	Married ... (CC)	Married ... (CC)	Married ... (CC)

Thursday, August 20, Prime-time: Cable Sports Channels

	7:30 pm	8:00 pm	8:30 pm	9:00 pm	9:30 pm	10:00 pm	10:30 pm	11:00 pm	11:30 pm
ESPN	NBA Basketball (Live) (6)		SportsCenter (N) (CC)		SportsCenter (N) (CC)		SportsCenter (N) (CC)		
ESPN2	UFC 249: Ferguson vs. Gaethje (6)			UFC Unleashed (TV14) (CC)		E60		NBA Basketball (N)	
FS Prime	Fight Sports: Boxing (7)			Glory Kickboxing Events from the world's top kickboxing league.				WCK Full Rules Muay Thai (CC)	
MLB	MLB Baseball (Regional Coverage) (Live) (6:30) (CC)				Quick Pitch (N) (CC)		Quick Pitch (CC)		Quick Pitch (CC)
SNLA	Postgame	MLB Baseball Dodgers at Seattle Mariners. From T-Mobile Park in Seattle.						SN: Dodgers Postgame	
NBC Sports	NHL Hockey (Live) (6:30)			NHL Overtime		The Russian Five (TVG)			NHL Top 10
NFL	NFL (7) (CC)	NFL Total Access (TVG) (CC)		NFL Total Access (TVG) (CC)		NFL Total Access (TVG) (CC)		Inside Training Camp Live (CC)	