

## Sharing a thousand-year tradition

A Korean ceramic master and his father's expertise in the tradition of Korean Goryeo celadon is on display in Fullerton.

BY SARAH MOSQUEDA

**D**ohun Kim has been waiting a long time to bring his work to Fullerton's Muckenthaler Cultural Center.

"I was waiting for three years," said Kim, "because of COVID."

Kim is a patient man.

Kim, who holds a PhD in Ceramic Engineering and is a Korean ceramic master, practices the art of the tradition of Korean Goryeo celadon, a ceramic art form so meticulous, some vessels take years to create.

"That is the technique," said Kim.

The Muckenthaler celebrates Asian Pacific American heritage month with an exhibit featuring the work of Kim and his father, Master Kim Se-Yong. "Story of a Thousand Years: Master of Goryeo Celadon" features the collaborative work of father and son.

Korean Goryeo Celadon, or Korean greenware as it is also known, was developed in the 10th and 11th centuries during the Goryeo period and carries a pale-green hue. The color comes from



Scott Smeltzer | Staff Photographer

**DOHUN KIM** with his exhibit "Story of a Thousand Years" at the Muckenthaler Cultural Center on May 2 in Fullerton. Kim is a Korean ceramic master and practices the art of the tradition of Korean Goryeo celadon. His and his father's work will be on display at the center until May 26.

See **Tradition**, page A2

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Models used for illustrative purposes.

## Shakespeare's First Folio makes rare appearance at UCI

BY LILLY NGUYEN

It's a rare opportunity to get a glimpse of William Shakespeare's First Folio — the first collection of his works, published posthumously in 1623.

According to the British Museum, only about 750 copies of Shakespeare's First Folio were ever printed, and 233 of those are currently known to have survived worldwide.

The museum owns five copies. UC Irvine owns one. And as of Thursday, UCI Libraries opened its latest exhibit, "400 Years of Shakespeare's First Folio," which likewise featured a rare opportunity to witness the volume that is said to be the sole reason 18 of the Bard's plays survived history.

University librarian Lorelei Tanji said UC Irvine's First Folio is one of only 30 complete copies in the world and rests at the school thanks to a donation from university alumnus Patrick Hanratty in 1986. The pinnacle of Western literature is typically kept in a vault, but in honoring Hanratty's

wishes, community members are able to see it during special public events, such as on Thursday night when the exhibit opened.

Tanji noted that the current value of UCI's First Folio is unknown but that another copy of it went for nearly \$10 million in 2020, making it the most expensive piece of literature ever auctioned.

"After the Bible, [the First Folio] is the most influential single book because it has 36 plays in it. It is the most influential collection of literature. The Bible is bigger. It has more words, it has more readers, and it is an international text. But after the Bible, this is the most imitated, translated, performed, satirized, parodied — it's just very powerful," said English professor and co-director of the New Swan Shakespeare Center Julia Lupton.

"Having it in folio form was a way of presenting [Shakespeare's] work as literature. You couldn't perform the text from this because it is really heavy and cost the equivalent of around \$200

See **Folio**, page A9



Don Leach | Staff Photographer

**SPECIAL COLLECTIONS** and archive library assistant Hanako Ishizuka-Gunderson carefully looks through the pages of a 1623 printing of Shakespeare's First Folio at the Langson Library at UCI on Thursday.

## Ultimate national championships headed to H.B.



Don Leach | Staff Photographer

**OC ULTIMATE** president Jacob Walsh, right, and USA Ultimate Beach National Championships tournament director Grant Boyd are excited as the competition hits Huntington Beach next weekend.

BY MATT SZABO

They'll have a disc — and a dream.

About 1,000 ultimate athletes from across the country will convene on the south side of the Huntington Beach Pier next weekend for the 2023 USA Ultimate Beach Championships.

The sport, originally known as ultimate Frisbee, is familiar to many. Teams advance the disc by throwing it to teammates, with the goal of catching the disc in the opposing team's end zone to score a point.

This year's Beach Nationals are being held on the West Coast for the first time. The previous six iterations were competed in Virginia Beach, Va.

Huntington Beach made sense as a destination, tournament director Grant Boyd said. Boyd is the executive director of the California Ultimate Assn., which was established in 2017.

"We started our organization to help promote the sport across the state of California," he said. "One thing that folks everywhere across the country think of, when they think of California, is the beach. So to have a national championship here on one of the most beautiful beaches in America, it's just a really cool opportunity."

Boyd already runs a fun, party tournament on Huntington State Beach each January called

See **Ultimate**, page A9

### ALSO FROM THE DAILY PILOT:



Eric Licas

**YOUTH PROGRAMS TO EXPAND ACCESS TO MENTAL HEALTH SERVICES IN ANAHEIM WITH FEDERAL FUNDS** PAGE A2

**WEEKLY FARMERS MARKET CROPS UP AT THE DISTRICT AT TUSTIN LEGACY** PAGE A8

**U.S. REP. LOU CORREA**, local youth and representatives of nonprofits supporting teen development celebrate \$1 million in federal funding to aid their efforts during a ceremony at the Downtown Anaheim Youth Center on Thursday.



Photos by  
Eric Licas

## Fund expands mental health services to Anaheim youth

BY ERIC LICAS

Advocates and operators of youth development programs met with U.S. Rep. Lou Correa (CA-46) in Anaheim on Thursday to celebrate the procurement of \$1 million in funding to improve children's access to mental health services and after school activities.

The money will help cover the cost of targeted counseling and support by organizations like Be Well OC for around 500 kids, said Anaheim Community Foundation executive director Janis Heckel. It will also help pay for larger group recreation programs that would benefit around 5,000 youth run by groups like the YMCA or the Boys & Girls Club.

"I look at this as an investment not in mental health but rather channeling the energy of these young folks in the right di-

rection," Correa told a group of local kids and representatives of nonprofits that will be supported by the funds during a check presentation ceremony at the Downtown Anaheim Youth Center.

The funds come amid a rise in anxiety among youth and teen suicides, Heckel said. A Centers for Disease Control and Prevention study updated in March found that teen girls and those who identify as part of the LGBTQ+ community are being exposed to increasing levels of violence and trauma.

The declining trend in the mental health of American youth may have its roots in "school connectedness" when distance learning supplanted in-person instruction, according to the CDC. And in recent months, schools across Orange County have been receiving substantially more reports of



**U.S. REP. LOU CORREA** (CA-46) presents a \$1-million check to help expand access to mental health services for youth.

racial slurs and name calling than they have in previous years, O.C. Human Relations executive director Alison Edwards said Thursday.

"When students are faced with situations where they don't feel safe, they don't feel welcome in school, they can't integrate new knowledge," Edwards said. "They stay in survival mode."

Those gathered Thursday hope recently acquired funds will help cre-

ate safe spaces for young people as well as outlets for their frustrations and creativity.

The money was approved as part of this fiscal year's omnibus appropriations bill, which President Biden signed into law in 2022. It also included at least another \$29 million to support other community projects throughout Orange County.

eric.licas@latimes.com  
Twitter: @EricLicas

## Laguna to apply modifications to ADU ordinance

BY ANDREW TURNER

Laguna Beach will update a zoning ordinance and local coastal program amendment regarding accessory dwelling units, or ADUs, bringing its regulations in step with recently passed state law.

The city sought to weigh in on the regulation of the secondary housing units in December 2021. The California Coastal Commission approved the city's local coastal program, with modifications, on Feb. 9.

The Laguna Beach City Council unanimously backed the changes in an effort to preserve some local control with respect to ADUs, commonly known as "granny flats." Had the council not approved the ordinance as revised, city officials said the new state law would become the default.

"This ordinance does provide for some requirements that the ADU be compatible with the main residence, so you can't have it appear to be two separate residences on the property," Community Development Director Marc Wiener said. "It also would implement the city's lighting standards. ... It also provides regulations for outdoor living space in association with ADUs. ..."

"It establishes greater setback regulations than what the state would require, which is 4 feet from the front and the rear property lines. Under this ordinance, we can apply the setbacks from watercourses, bluff

tops, [and] other environmentally sensitive areas where we feel it's appropriate."

Wiener added that the ordinance also clarifies the application process for ADUs, specifying which components require design review.

Among the modifications, the Coastal Commission requested that detached accessory dwelling units be given a height allowance of 18 feet. There will also be a by-right allowance for attached, second-story ADUs, incorporating a maximum height of 25 feet or the height allowed for the primary dwelling within the property's zone, whichever is lower.

Parking must be replaced when a garage is converted into an accessory dwelling unit. The replacement parking may be uncovered, located in the front or side yard setbacks, and placed in a tandem configuration.

When the ordinance goes into effect, city staffers will have 60 days to make a decision on whether to approve an application for an accessory dwelling unit. If an application is denied, a list of the remaining requirements to be satisfied should be provided to the applicant.

The council directed staff to look further into possibilities for addressing replacement parking concerns surrounding garage conversions. The panel also wished to revisit the 25-foot height allowance.

See **Ordinance**, page A8



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Models used for illustrative purposes.

## TRADITION

Continued from page A1

the iron content of the clay as well as iron oxide, manganese oxide and quartz in the glaze. A two-step firing process also contributes to the consistent color of celadon ceramics, a bisque firing to first harden the vessel and a second firing in low-oxygen to achieve the signature color and glossy finish.

"When you fire it by reduction firing, without air, the iron will change color from brown to blue," said Kim. "It is a special and unique color."

The result is a ceramic piece that looks like polished jade.

"You cannot capture the color of this Celadon in a photograph," said Lisa M. Berman, chief curator at the Muckenthaler Cultural Center. "If you were to take a piece outside and look at it in different light, it just takes on a whole different meaning."

Kim has studied the technique under the direction of his father, whose works are in the collections of the Dalai Lama and the late Queen Elizabeth II. At age 77, Kim Se-Yong is still working and traveled to the Muckenthaler for the show's opening in April.

"This is all about legacy," Berman said. "Master Kim Se-Yong, he is considered a living treasure ... It was an honor to have him and his family here."

Upon entering the exhibit, viewers are met with the tallest celadon vase ever made. Standing at almost 42 inches, the piece took nearly a decade to create, Kim said.

"We took 10 years because we had five years of failure," said Kim.

The large piece wasn't easy to handle in the kiln,



Scott Smeltzer | Staff Photographer

**THE EXHIBIT** "Story of a Thousand Years" features Korean Goryeo celadon, a ceramic art form with a thousand-year history, at the Muckenthaler Cultural Center. The exhibit is open at the Fullerton museum until May 26.



Scott Smeltzer | Staff Photographer

**DOHUN KIM** will give a free lecture on celadon ceramics techniques at the Muckenthaler Cultural Center on May 13.

not to mention the shrinkage that would happen once it was fired, with its size making it susceptible to cracking and collapsing. "Then we found some

techniques with firing and changing the composition of the clay," said Kim.

Traditional Goryeo artists also combined distinct techniques like intricate



Courtesy of Dohun Kim

**MASTER** Kim Se-Yong and his son, Dohun Kim, work together to fire Korean Goryeo Celadon ceramics.

inlaid ornamentation, and Kim and his father are no different. Designs are inlaid into the clay before firing, with different types of clay used to create different

colors.

"The white you see is white clay, the black is black clay. It is not a pigment," Kim said, motioning to a depiction of white

birds with black feet on a vessel.

Double open work is another special technique incorporated into the Goryeo celadon ceramics Kim and his father create.

"There are two layers inside," said Kim, "and we cut out the outside."

The form inside remains whole, allowing the vessels to keep their function, while the outer layer is cut out to form a design that is as detailed and beautiful as a lace overlay on a wedding dress.

The designs showing bamboo, maple trees and acorns are pulled directly from Kim's culture.

"All the designs are taken from Asian paintings and literature," said Kim.

The plants and animals depicted also hold special symbolism.

"All trees, flowers and animals have special meanings," said Kim. "The meaning of the chrysanthemum is joy, the dragon is a guardian."

Berman said the exhibit only scratches the surface of Goryeo celadon ceramics and encourages art lovers to visit the Muckenthaler on May 13, when Kim will give a free lecture on celadon ceramics techniques at 12 p.m. in the gallery. She also hopes people will take the time to visit the exhibit that patiently waited out the pandemic to come to the Muckenthaler, before it heads to a museum at Harvard at the end of May.

"You have to experience these pieces in person," said Berman.

"Story of a Thousand Years: Master of Goryeo Celadon" is open at the Muckenthaler Cultural Center until May 26.

sarah.mosqueda  
@latimes.com  
Twitter: @SarahNMos

# UCI Health

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Models used for illustrative purposes.

## forum

## COLUMN | PATRICE APODACA



Don Leach | Staff Photographer

**AN E-BIKE RIDER** accelerates on Beach Street in downtown Laguna Beach. Patrice Apodaca wonders if the increasingly popular vehicles will go the way of previous technology expected to reinvent transportation.

## Will the e-bike revolution run out of juice?

Remember Segways?

Perhaps you once rode one while on vacation or spotted a police officer on one or recall them as a favorite mode of transport for a character on "Arrested Development," the TV comedy about a fictional Newport Beach family.

But have you seen one lately? Probably not. Production of the two-wheeled vehicles ended nearly three years ago, a sad closing to Segway's weird history.

There had been a frenzy of breathless predictions about its significance before the device was even unveiled to the public in late 2001. Steve Jobs compared its potential impact to that of the PC.

But that hyped debut was followed by dismal sales, revolving-door ownership and widespread ridicule for giving its riders goofy, "Paul Blart: Mall Cop" energy. President George W. Bush famously took a tumble off of one, and one of the company's owners — I'm not making this up — died when he accidentally rode his Segway off a cliff.

For all its problems, perhaps the most significant



factor in the Segway's demise was the lack of infrastructure needed to make its use practical on the scale envisioned by its idealistic designer. Our roads, highways, trails and system of traffic control weren't built for such a vehicle, and the dangers and difficulties of riding one on city streets and rural byways was glaringly evident from the get-go.

Yet some of those familiar with Segway still consider its design revolutionary and believe that all the battery-powered, single-user vehicles that followed are its direct descendants.

Which brings us to e-bikes.

Electric-powered bicycles are having a moment. Although e-bikes have been around in some form or another since the 1890s, it wasn't until the 1990s that they started to be marketed on a broader scale as a relatively inexpensive, environmentally friendly, traffic-reducing way to get around town, and their popularity steadily grew.

But when the pandemic hit in 2020, e-bike sales

See *Apodaca*, page A5

## COMMENTARY | MICHAEL HUNN

## O.C. residents on Medi-Cal must renew it or lose it

Due the flashing lights and sirens. It's time for nearly 1 million Orange County residents to take action to maintain their health insurance. As CEO of CalOptima Health, Orange County's Medi-Cal plan, I am alerting our members — 30% of all residents in the county — that they need to renew their coverage to keep their healthcare. Starting this month and for the first time in three years, Medi-Cal members will have to verify that they continue to qualify for the program that serves the low-income population.

Why the change? The federal government, to prevent the loss of health coverage during the

pandemic, eliminated annual eligibility checks, which is a process known as redetermination. Many O.C. residents don't know how big our Medi-Cal population is, so it comes as a surprise that so many stand to lose their health insurance if they don't complete their renewal. Local estimates are that between 120,000 and 170,000 people could be affected. There's a critical need to raise awareness about Medi-Cal renewal.

Imagine going to your doctor and finding out at the appointment that you no longer have healthcare coverage. The doctor

See *Medi-Cal*, page A5

## COMMENTARY | REBEKA SINCLAIR

## Rethinking how schools address the mental health epidemic

We are almost a decade into the largest epidemic ever recorded. This tragedy has resulted in large increases in youth anxiety, depression, self-harm and suicide. While this should be a moment of great humility for California school districts, they are responding to this crisis with the same dogmatism, certainty and ideology that led to the disastrous school closures during the pandemic.

In 2016, the Collaborative for Academic, Social, and Emotional Learning (CASEL) launched its Collaborating States Initiative (CSI) to support

statewide efforts to implement Social and Emotional Learning (SEL) programs. California joined CASEL's initiative and began promoting CASEL SEL programs to state education agencies, including the Orange County Department of Education.

The wheels were set in motion for statewide SEL implementation before COVID-19 reached our shores; however, school boards and district administrators opportunistically used the pandemic's impact on students to generate buy-in from parents and community

See *Health*, page A6

## ADVERTISEMENT

# Max Couldn't Write His Own Name, New Treatment At MemorialCare Orange Coast Medical Center Gave His Life Back

As a small business owner working in design and architecture, Max Ollendorff spent a lot of time creating hand-drawn blueprints and annotating designs for corporate events. In June 2018, while visiting a colleague on a business trip, Ollendorff couldn't hold his glass of wine steadily with his left hand during dinner. He was experiencing his essential tremor for the first time.

Shortly after that, Ollendorff met his high school girlfriend for dinner, during which he told her about his shaky hand — and noticed it again while talking with her. He couldn't stop his hand from shaking, making it difficult to hold his food and drink.

"My tremor worsened to the point where I couldn't write or sign a check at work," says Ollendorff. "I only chose foods I could eat with two hands since I couldn't hold anything with just one. I would cancel dinner plans and avoid going to social gatherings altogether because I was too embarrassed to have anyone see me in that state."

Ollendorff began to research potential treatments and found the company Insightec, a medical technology company that offers a minimally invasive treatment to help reduce essential tremors through MR-guided Focused Ultrasound (MRgFUS). MRgFUS treats essential tremors by creating small lesions on the thalamus (the part of the brain that controls motor movement) to interrupt irregular electrical signals in the brain that cause the essential tremors to occur.

While exploring the potential locations to get this treatment, Ollendorff found one right in his backyard: MemorialCare Orange Coast Medical Center.

Orange Coast Medical Center is only one of two hospitals in Southern California that have the skill and expertise to perform MRgFUS. The medical director of the MemorialCare Neuroscience Institute at Orange Coast Medical Center, Devin Binder, M.D., Ph.D., is the single most experienced neurosurgeon performing MRgFUS on the West Coast.



"I live in Tustin, so Orange Coast Medical Center is located close to me," says Ollendorff. "When the scheduling manager told me patients come from all over the country for treatment by Dr. Binder, I knew I would be in very good hands."

In December 2022, Dr. Binder performed Ollendorff's MRgFUS treatment, which took just over an hour and half.

"MRgFUS is a game changer for those with essential tremors," Dr. Binder explains, "Unlike most traditional approaches, there are no incisions or burr holes in the skull, and it allows real-time visualization of the brain's targeted cells. Most importantly, this treatment resolves tremor symptoms almost immediately."

Ollendorff did see his results immediately after his treatment — he couldn't believe his tremor was gone. "That moment was my first time being able to write my name in six years," he exclaims. "It was like someone just flipped a switch in my brain and turned off the tremor."

To learn more about MRgFUS, please visit [memorialcare.org/OCTremorTreatment](http://memorialcare.org/OCTremorTreatment).



**MemorialCare**  
Orange Coast Medical Center

## MEDI-CAL

Continued from page A4

can't see you or refill your medications. Or worse, this happens to your child in need of urgent care. In collaboration with the county of Orange Social Services Agency (SSA), CalOptima Health is aiming to prevent these gaps in coverage.

To ensure that no one in Orange County is left behind, our board of directors authorized \$6 million in resources and services to help our members complete their renewals. We have launched a massive campaign to educate our members about the importance of renewing and urge our partners, including doctors, hospitals, schools and community organizations, to support the process.

What's first? CalOptima Health members must make sure their contact information (address, phone number and email) is current with the SSA because renewal packets will be mailed and reminders texted. Once members receive their packets (arriving in a yellow envelope), they need to act fast to return information within 60 days. Our board's in-



**MAYRA NAVARRETE, 13**, receives the Pfizer COVID-19 vaccine from a nurse at a clinic in the parking lot of CalOptima in Orange. It's time for patients insured through Medi-Cal to renew their accounts, the CEO of CalOptima Health writes.

Jae C. Hong | AP

vestment will make a difference by funding specialized staff to help members navigate the process. Navigators will work in community health centers and other trusted locations to provide culturally compe-

tent, multilingual services. The process will continue until May 2024, with a group of members contacted each month to renew based on the same month they first enrolled in Medi-Cal. To update

contact information or check renewal status, members can call SSA at (800) 281-9799 or create an online account at BenefitsCal.com. CalOptima Health Customer Service can also help at (888) 587-

8088.

The past three years have not been easy on those in our community who are the most vulnerable and have the least resources, and we know that many individuals and

families now have different circumstances — maybe they moved, had a job change, added or lost a family member, or even experienced homelessness. All of this is important in the Medi-Cal renewal process, which requires documentation about finances and other personal information. For those whose incomes increased, making them ineligible for Medi-Cal benefits, there are other health insurance options, including low-cost programs from Covered California. Either way, our expert navigators can help members keep their Medi-Cal or transition to another plan. I am urging our community to share this vital message about Medi-Cal renewal with their neighbors and friends. Someone's life may even depend on it.

**MICHAEL HUNN** is the CEO of CalOptima Health, a county-organized health system that administers health insurance programs for low-income children, adults, seniors and people with disabilities. It is the single largest health insurer in Orange County, providing coverage for one in four residents through four programs, Medi-Cal, OneCare Connect, OneCare and PACE.

## APODACA

Continued from page A4

exploded as home-bound consumers looked for new ways to enjoy the outdoors and make short trips. Sales are expected to stay strong. Data Bridge Market Research estimates that the global e-bike market, valued at \$47 billion in 2021, will reach \$102.97 billion by 2029.

Despite the impressive growth and undeniable appeal of e-bikes, many questions and concerns have yet to be addressed. Chief among them are worries about their safety, particularly when kids are involved. Like the Segway before them, today's e-bikes don't always fit com-

fortably in the world we've built.

There are three basic types of e-bikes: Class 1, pedal-assist only with a maximum assisted speed of 20 miles per hour; Class 2 has an added throttle-powered mode and also a top assisted speed of 20 miles per hour; and pedal-assist-only Class 3, with a top assisted speed of 28 miles per hour.

The laws and regulations that govern e-bikes are essentially the same as conventional bikes. No training or licensing is required, and kids can ride Class 1 and 2 e-bikes as long as they wear helmets and follow the rules of the road, such as stopping at red lights and stop signs. Ages 16 and older are al-

lowed on all three classes of e-bikes, but are only required to wear helmets on Class 3.

The worries over the potential for accidents are grounded in recent experience. The emergency room at the Children's Hospital of Orange County has treated 85 e-bike injuries in the past three years, including 34 in the last six months. Anyone who's seen a 12-year-old whiz by on an e-bike can see why.

Lawmakers have been scrambling to keep up, as they seek to balance the need to reduce carbon emissions and promote alternative modes of transport with safety concerns. A new state law prevents cities from restricting access to e-bike riders in

places like bicycle paths or trails, bikeways and bicycle lanes, while state Sen. Dave Min (D-Irvine) recently introduced a bill that would authorize a study on best practices for improving e-bike safety.

"This is a case where technology is outpacing policy," observed Lt. Eric Little of the Newport Beach Police Department.

In any given year, Newport Beach typically experiences 100 to 200 crashes involving bicycles. While that hasn't changed, the proportion involving e-bikes has risen in the past three years from 10%, to upwards of 50%.

"We are aware of the concerns of the community and we are taking steps to address them," Little

said.

Traffic officers have been targeting areas where e-bike traffic tends to be high, but he stressed that it will take far more than just writing tickets to ease concerns. The NBPD has also focused considerable resources on education and community outreach, giving presentations on the responsible use of e-bikes at schools, PTA meetings and other places.

"I think that maybe, in a broad sense, many parents that buy their kids e-bikes aren't aware of the capabilities of these e-bikes," he noted.

It's a heavy lift to expect e-bikes to completely transform transportation in the manner once predicted for the late, la-

mented Segway. Despite their surging popularity, they could end up as just another one of history's cautionary tales.

A more likely outcome falls somewhere in between — they will be one piece of a transportation patchwork that includes many types of zero-emission vehicles. But for that scenario to be successful, we'll need to find ways to safely and effectively accommodate these newer devices in our busy, built-up world.

**PATRICE APODACA** is a former Los Angeles Times staff writer and is coauthor of "A Boy Named Courage: A Surgeon's Memoir of Apartheid." She lives in Newport Beach.

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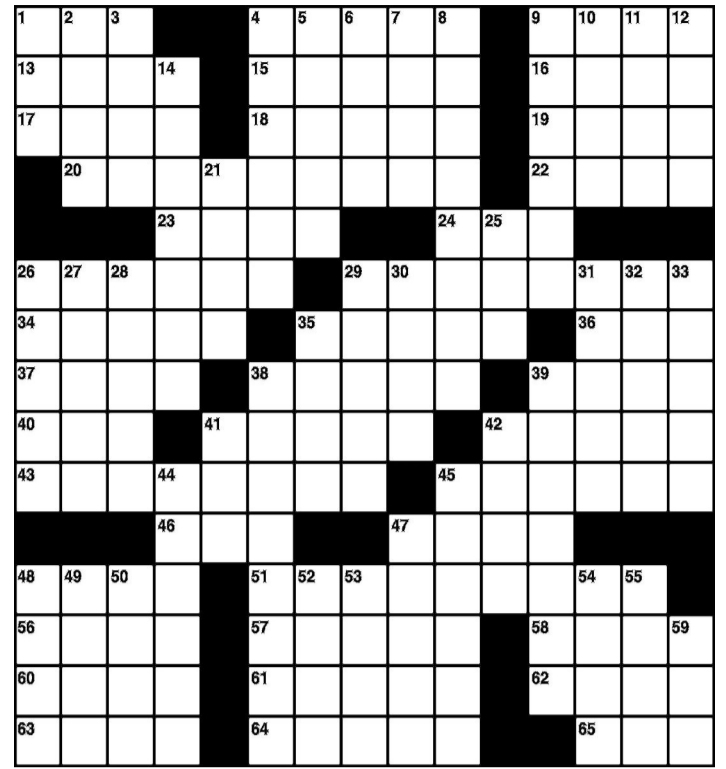
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**ACROSS**

- 1 Half a couple; abbr.
- 4 Squirrel snack
- 9 Cowboy's shoe
- 13 Dull routines
- 15 Shakespearean lover
- 16 Mayberry resident
- 17 Be abundant
- 18 1960s dance
- 19 Inge's "Bus \_"
- 20 Popular pasta
- 22 Boil or blister
- 23 Whiskey \_; mixed drink
- 24 Service charge
- 26 David Muir or Lester Holt
- 29 Portrait
- 34 Feeling ho-hum
- 35 Sulked
- 36 Malibu or Mustang
- 37 Floored
- 38 Submitted a tax return
- 39 "\_ Las Vegas"; Elvis film
- 40 Spotted
- 41 Psalm chanters
- 42 Singer Jackson
- 43 Frenzied state
- 45 Word-finding table game
- 46 Pamplona shout
- 47 Pinot \_; red wine
- 48 Piece of furniture
- 51 Row of pillars
- 56 Feels lousy
- 57 Go nowhere near
- 58 Trail mix nuggets
- 60 \_ as a pancake
- 61 In a \_; rather
- 62 PC repairer
- 63 Catch sight of
- 64 Cornered
- 65 "Hallowed be \_ name"

**DOWN**

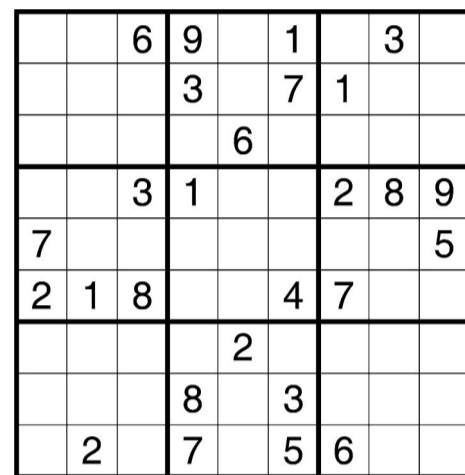
- 1 Actor on "The A-Team"



**SUDOKU**

By the Mepham Group

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit [sudoku.org.uk](http://sudoku.org.uk).



**For answers to the crossword and Sudoku puzzles, see page A8.**

- 2 Is remorseful about
- 3 Staircase piece
- 4 19th-century U.S. president
- 5 Crouch in fear
- 6 Fail to mention
- 7 Nap
- 8 Informed
- 9 \_ hound; short-legged dog
- 10 Not deceived by
- 11 Nose's detection
- 12 Variety; sort
- 14 Crushed
- 21 Word of approval
- 25 Dead \_; cul-de-sac
- 26 Humiliate
- 27 Adamant

- refusal
- 28 Groups of boatmen
- 29 Bohemian dance
- 30 Gibbons & chimps
- 31 Cake coating
- 32 Everybody's button
- 33 Pizza recipe verb
- 35 Skimpy skirt
- 38 Weather prediction
- 39 Hobo
- 41 Singer Tillis
- 42 Become a member of
- 44 Comfortably warm
- 45 Became close friends
- 47 Din
- 48 Bank vault
- 49 Sprays WD-40 on
- 50 Book jacket part
- 52 More than
- 53 "The \_ Star State"
- 54 Song for two
- 55 Make an engraving
- 59 Introverted

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**HEALTH**

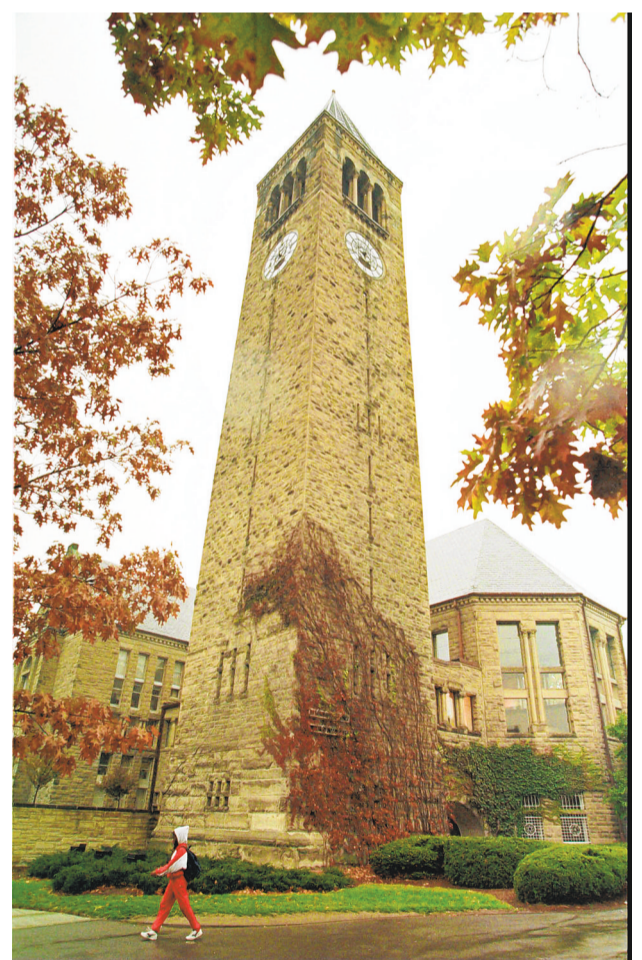
Continued from page A4

groups. Many local school districts have recently spent taxpayer funds to purchase, train and implement such programs, including Ruler Approach at Newport-Mesa Unified and Second Step in Irvine.

Today, these programs do not come with the mission to improve the mental health of children. In 2020, CASEL updated its definition of SEL to "Transformative SEL" which aims to transform inequitable systems by disrupting "dominant cultures of individualism." In other words, the mission of these programs is to prime students' minds for social justice indoctrination. CASEL SEL programs do this by focusing on two things: intersectional identity development and emotional safety. Unfortunately for our students, these concepts make mental health worse, not better.

First, CASEL SEL programs infuse social justice ideology into emotional intelligence lessons to train students to see others — and themselves — as members of distinct identity groups defined by immutable characteristics such as race, class and gender. This form of identity politics is rooted in a dim view of human agency that teaches students to have an external locus of control, meaning they have little individual agency over what happens to them and are subject to the power struggles of their identity group. Research shows that people with an external locus of control are more passive and more likely to become depressed vs. those with an internal locus of control who believe "they are the captain of their own ship."

Second, CASEL SEL programs center "emotional safety" in classrooms by urging educators, who have the best of intentions, to focus on creating environments in which stu-



Michael Okoniewski | AP

**CORNELL UNIVERSITY'S** McGraw Tower. A conversation about "trigger warnings" recently took place at the school.

dents "feel safe." In their 2018 book "The Coddling of the American Mind," Greg Lukianoff and Jonathan Haidt explore changes in childhood such as the rise of fearful parenting, the decline of unsupervised, child-directed play, and the new world of screens and social media that have engulfed children in the last decade. They argue that grossly expanded conceptions of "trauma" and "safety" have deprived young people of the challenges and stressors that their antifragile minds need to mature into capable adults who can engage productively with people and ideas that challenge them. These "safe" environments ultimately make students more fragile, anxious and prone to seeing themselves as victims who demand safe spaces and trigger warn-

ings to protect themselves from speech and ideas they find harmful.

Recently, a handful of leaders at elite U.S. universities including the dean at Stanford Law School have acknowledged the problem of emotional fragility and reclaimed the notion that the way to defeat bad ideas is by exposure, argument and persuasion, not by trying to silence or wish them away. This semester, the student government at my alma mater, Cornell University, voted unanimously to put trigger warnings on the school's syllabus for any course containing content that might be viewed as "traumatic." Thankfully, President Martha Pollock swiftly vetoed it saying, "Letting to engage with difficult and challenging

See *Health*, page A8

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# No more wheels for Hammer Burger

BY SARAH MOSQUEDA

As Hammer Burger prepared for the opening of its first brick-and-mortar location, there is one thing the team still can get over.

"Look at all this space!" said Katie Blakeley, who handles social media for Hammer Burger. "I used to be getting content like, excuse me, excuse me, excuse me," she laughs.

Hammer Burger founder, Kevin Hammons, laughs too.

"We were like this," Hammons said, standing stick-straight with his hands at his side.

Hammer Burger comes to its downtown Santa Ana location at 313 N. Bush St. in the former Vegan Diner space from a food truck. The new location, with beer, wine and seating for about 60, gives the smash burger concept a little more room to stretch out.

"We are expanding the menu a bit too," Hammons said.

Hammer Burger originally started in Hammons' backyard in Orange in 2020, where he perfected Hammer's classic burger and grilled them for friends.

"The idea was to start doing pop-ups in breweries, but we never got the opportunity," said Hammons, who was head brewer at Gunwhale Ales at the time.

COVID-19 hit, and Hammons took orders via an app instead.

"We just started doing online sales, through Instagram and pick-up at my house, and that was selling out in 10 minutes every time I posted," said Hammons.

Once restrictions relaxed, Hammons finally made it into local breweries. His neighbor and former co-worker and now Hammer's chief op-

erating officer, Curtis Scheetz, partnered with Hammons around the time as well. Scheetz brought a culinary background and front-of-house experience to the table, and the duo continued to sell out of burgers.

"The pop-ups really blew up on us," said Scheetz. "We wanted to play with new menu items, we really wanted to serve French fries, so we looked into getting a truck."

"We ran the food truck for two years and it just kept growing in popularity," said Hammons.

A smash burger traditionally has a flattened patty, smashed down with a spatula or something heavier, like a weight or cast iron skillet. The technique makes for a patty that has thin, crispy edges and juicy center, making it a new favorite on burger menus.

Hammer Burger's take involves house-made pickles and sauce, Martin's potato rolls flown in from Pennsylvania, and a special blend of beef that is smashed so thin, it's basically a meat tuile.

"We use a special ground blend that we have made custom from West Coast Prime Meats in Brea," Scheetz said.

The new location offers the eatery's signature French fries sprinkled with the house-made seasoning blend and served with its collection of dipping sauces like ranch, white barbecue, jalapeño ranch, garlic sauce, hammer sauce and chipotle mayo.

Since they are no longer limited by the storage and kitchen space on the food truck, the team can grow the menu beyond burgers and fries.

"We have a couple chicken options for people that don't want beef or the Impossible burger,"



Courtesy of Hammer Burger

FROM LEFT, Hammer Burger founder Kevin Hammons, Charles Massingill and chief operating officer Curtis Scheetz.

said Hammons.

"Although my Impossible burger is amazing," added Scheetz.

Diners can look forward to salads with house-made Caesar dressing, a fried chicken sandwich, milkshakes, fried pickles, onion rings, sweet potato fries and chili cheese fries. There are some new burgers too.

"The Chili Burger is kind of like a Tommy's burger, but without the thick diced onions. We use our house-made chili sauce, mustard and pickles on top," said Scheetz.

The Flattymelt is a play on a classic patty melt, with grilled onions, pickles and cheese flattened between inverted potato buns.

"Everyone thinks I use sourdough," said Scheetz.

"But inverting the buns gives it such a rad toast."

The beer list is reflective of the relationships Hammons and Scheetz built during their career in the beer industry.

You'll find local brews on draft, like Bearded Tang's Carlos Danger lager and ciders, kombucha and seltzers, like Green Cheek's lavender lemonade.

Hammer Burger's spacious new location opened to the public on Friday, May 5 and will be open Tuesday through Sunday moving forward.

"We're excited to give Hammer Burger a permanent address," said Hammons.

sarah.mosqueda@latimes.com  
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Sarah Mosqueda

THE CLASSIC Hammer Burger is a smash burger with grilled onions, pickles, cheese and Hammer sauce.

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# Weekly farmers market crops up at the District

BY SARAH MOSQUEDA

On April 30, families of shoppers perused heirloom carrots, fresh baked bread and handmade pasta at the District at Tustin Legacy's new farmers market.

The market launched last month and will take place each Sunday at the District in the parking lot near PetSmart from 9 a.m. to 1 p.m.

The market features over two dozen local farmers offering an array of organic

fruits and vegetables, sold by the farmers who grew them.

"You can come to a farmers market, and these people that are representing the products that you buy there, the produce and fruit in particular, they grow that product themselves," said market manager Jackson Spears. "They are a wealth of information. They can tell you the benefits of that product, when it was grown, why it is good for you, and I don't think you can get that at any grocery store."

Sunday's market included Gaytan Family Farms, based in the high desert, with fresh cauliflower, celery, carrots and more, as well as Chavez Farms from San Bernardino County offering chard, kale, onions and radishes.

Other participating farms included Jeronimo's Farm, GB Farms, Fabricio Bonita Farms and Castanos Farms.

"There is a lot of times that you go to a Trader Joe's or Whole Foods, and while I am not questioning the quality of the product, there is not a lot of information there," said Spears. "We just have this assumed perspective that if we go there, we are getting organic materials. That isn't necessarily the case."

Besides produce, prepared foods are available from vendors like Honey Queen baklava, Aca Pico Hot Sauce and Butter Crumbs Bake Shop.

"I specialize in cookies and pies," said Butter Crumbs owner Amy Szyarto. "All the classics, nothing fancy, just want to make sure they taste great."

Hand pies with roasted strawberries and nostalgic peanut butter cookies with the classic crisscross top were among Szyarto's offerings April 30, and by the market's end she had sold out of her more popular baked goods.



Sarah Mosqueda

**THE DISTRICT** at Tustin Legacy's new farmers market features the wares of dozens of regional farmers and food artisans each Sunday from 9 a.m. to 1 p.m.



**AN ASSORTMENT** of fresh produce featured at the District at Tustin Legacy's new farmers market.

"I did sell out of my sea salt chocolate chip," Szyarto said. "Those are always the crowd pleaser."

Szyarto is just a few weeks away from opening a retail shop at Mission Viejo's Kaleidoscope on May 19. The market is a good way for vendors to build a following, like Ube Bread Box, a vendor Spears said has been popular since the market opened.

Ube Bread Box is known for its ube pandesal, a traditional pillowy Filipino bread roll baked in a popu-

lar ube flavor. Ube means tuber in Tagalog.

"We do Filipino bread rolls with different fillings," said Ube Bread Box owner Jezra Roque. "The color is very vibrant, because ube is purple and it catches your attention."

The "king size" rolls are larger than traditional rolls, Roque said, with fillings like nutella, cream cheese and ube halaya, a jam made from mashed ube and sweetened with condensed milk.

Roughly 45 vendors participated in the recent market, a number Spears said he would like to see grow as the market gains traction. Vendors will rotate in and out, and shoppers can look forward to some new vendors each Sunday.

"I think we are going to have surprises for people every week," said Spears. "Hopefully we grow the market to the community's standards."

sarah.mosqueda@latimes.com  
Twitter: @SarahNMMos

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**CONTACT US**

**Carol Cormaci**, Executive Editor  
carol.cormaci@latimes.com

**Beth Raff**, Advertising Manager  
(424) 225-9928  
beth.raff@latimes.com

10540 Talbert Ave., Suite 300 West, Fountain Valley, CA 92708

Reporters:  
**Sara Cardine**, Costa Mesa  
sara.cardine@latimes.com  
**Lilly Nguyen**, Newport Beach  
lilly.nguyen@latimes.com  
**Matt Szabo**, Huntington Beach and Sports  
matthew.szabo@latimes.com

**Andrew Turner**, Laguna Beach and Sports  
andrew.turner@latimes.com

**Eric Licas**, Public Safety  
eric.licas@latimes.com

**Sarah Mosqueda**, TimesOC  
sarah.mosqueda@latimes.com

Send Letters to the Editor to [erik.haugli@latimes.com](mailto:erik.haugli@latimes.com). See Mailbag for guidelines.

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## ORDINANCE

Continued from page A2

"I think the biggest concern I have, sounds like others have up here, is this 25-foot, by-right second story," Mayor Bob Whalen said. "Hopefully, neighbors will be good neighbors, and

architects will work, but there's going to be situations where it's just going to be a wipeout for people, it's going to be a really bad outcome."

Whalen surmised that the city could look into limiting second-story square footage in the zoning code to reduce the impact on

neighboring views. The city's accessory dwelling unit ordinance and a resolution accepting the modifications to its local coastal program will go back to the Coastal Commission for certification.

andrew.turner@latimes.com  
Twitter: @AndrewTurnerTCN

## HEALTH

Continued from page A6

ideas is a core part of a university education."

Primary and secondary education should follow suit: Instead of centering "emotional safety" in classrooms and pathologizing common childhood struggles with an army of mental health counselors, administrators and educators should center the liberal ideal of "freedom" in the classroom. Students should be free to respectfully speak, feel and believe as they see fit, with viewpoint diversity celebrated and encouraged. By exposing students to diverse views, celebrating intellectual curiosity and modeling empathy towards differences, educators can teach students to build bridges by focusing on a shared humanity instead of group identity.

While mental health counselors should be

trained and available to assist with extreme cases of distress such as suicide ideation; the philosophy of "universal mental health support" for all students needs to be reconsidered. What are we doing to our students if we teach them to expect "safety" everywhere they go and encourage them to develop extra-thin skin just before they leave the cocoon of adult protection? Hanna Holborn Gray, the president of the University of Chicago from 1978 to 1993, once said, "Education should not be intended to make people comfortable; it is meant to make them think."

I urge Orange County school districts to eschew SEL programs being promoted by the state of California and its partnership with CASEL. Instead, school boards should form community working groups comprised of parents, community leaders, mental health professionals and educators to ex-

plore the multifactorial reasons for the mental health decline of our students and propose innovative solutions that boost antifragility, reduce screen time and increase opportunities for unstructured social interaction.

At the last NMUSD school board meeting, Corona del Mar student body president, TJ Rokos, highlighted a fun event at school that took students off their phones and brought them out of their cars during lunch: "The phones, I'm just over it," he said, "[they] have to go to school ... We need to make our kids social again." I think he may be on to something!

**REBEKA SINCLAIR** is a former shareholder activist who specialized in corporate governance at publicly traded companies. She is now an educational researcher, writer and proud mother of four young children in Newport Beach.

## CROSSWORD AND SUDOKU ANSWERS

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| 5 | 4 | 3 | 1 | 7 | 6 | 2 | 8 | 9 |  |  |  |  |  |  |  |  |
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# Patchwork Show Makers Market returns to Tustin

BY SARA CARDINE

In the days before the e-commerce giant Etsy helped grow the demand for handmade goods, Orange County crafter Nicole Stevenson had to commute to Los Angeles or San Francisco to sell items under her handcrafted clothing line, Random Nicole.

The craft scene in the early 2000s was more about crocheted doilies, quilts and Christmas ornaments than about creative makers selling art, clothing and accessories with a modern twist.

“In Orange County, there wasn’t anything, besides maybe a craft show at a church or school,” Stevenson recalled. “If I sold there, I’d be the only one who had a modern-style handmade business.”

Stevenson, who was living with her aunt at the time, decided to create a new kind of scene. In 2008,

the pair staged a small makers show in the parking lot of the small shop in Santa Ana her aunt ran. They invited other vendors to sell their own vintage-inspired, artisanal product lines and art pieces. It was a hit.

“The first show was packed because there wasn’t anything like that,” the Orange resident recalled Thursday. “It was so different and unique, and everybody was excited to see these local makers.”

That would be the genesis of the Patchwork Show Makers Market, a semi-annual community festival that now takes place in eight cities across California, typically in the spring and fall, and offers a venue for hundreds of creative talents.

On May 21, the free, family-friendly show returns to Old Town Tustin, featuring more than 70 artists, crafters, designers and artisan food purvey-

ors, make-and-take crafting stations, gourmet food trucks and indie music.

The venue has been a mainstay for Christine Street, a Los Angeles jewelry designer, metalsmith and owner of the company Chocolate & Steel, which has been participating in the Patchwork Show since its inception.

Although Street sells her wares wholesale and maintains a strong online presence, she likes the community festival atmosphere of Patchwork events.

“They’re not so huge you get lost in a sea of vendors, and it’s well curated,” she said. “It’s more supportive of a small community, so you get people from that community in there. And you get time to talk to the artists and make that connection with them.”

The shows used to be a side gig for Stevenson, who took over the venture full time around 2015. Now, under the brand

Dear Handmade Life, she organizes the shows but also maintains a blog and podcast at [dearhandmadelife.com](http://dearhandmadelife.com) and runs an annual business and makers conference, Craftcation, that hosts hundreds of artists over five days.

Mission Viejo artist Rachael Duran, who for the past several years has been making and selling hand-dyed garments under the brand thunder textile, came to know Stevenson by attending Patchwork Shows and was asked in 2021 to teach a dye class at Craftcation.

That sparked an interest in instruction and added another means of earning income and supporting herself as an artist. She now teaches classes at These Hands Maker’s Collective in Culver City and will participate in the May 21 Patchwork Show and another one in Long Beach on May 28.

“They do make-and-



Courtesy of Dear Handmade Life

**PATCHWORK SHOWS** feature art, jewelry and clothing, artisan food and DIY crafting stations that let you take home a creation. The free event returns to Tustin on May 21.

take [crafts], which is so cool. At some of them, you can make your own cyanotype prints or silkscreen your own greeting card,” Duran said of the shows. “It’s not just a shopping experience — they bring the whole crafting thing to life.”

For Stevenson, Patchwork is just one part of Dear Handmade Life’s mission to help makers from all communities turn their passions into professions.

“We do everything to

basically help creatives make a living doing what they love,” she said.

The Patchwork Show makers market takes place May 21, from 11 a.m. to 5 p.m., in Old Town Tustin, 245 El Camino Real. Admission is free. Other venues include Long Beach (May 28), San Pedro (June 11) and El Segundo (July 2). For more information, visit [dearhandmadelife.com/patchwork-show](http://dearhandmadelife.com/patchwork-show).

sara.cardine@latimes.com  
Twitter: @SaraCardine

## FOLIO

Continued from page A1

back in the day; it was really meant for the libraries,” Lupton said. “It’s next to your Homer and your Virgil and other great works.”

The exhibit, which opened with a discussion from exhibit curator Derek Quezada, will now be on display in the lobby of the Langson Library through December, though the actual First Folio will not be part of the physical display with respect to its value and age. Thursday was the only opportunity to physically view the rare item, though Tanji said there will be detailed reproductions of the First Folio and its features on display.

Quezada said the exhibit didn’t initially come together as a celebration of the Bard of Avon but from the “organic growth” that came with the discovery of all the material already existing within the university’s collections.

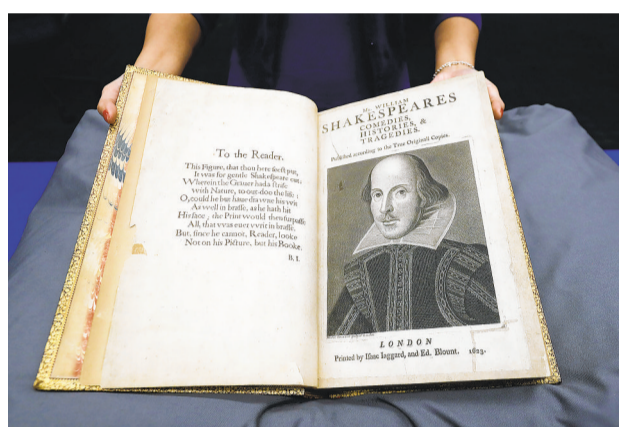
“Each year that I’ve done this, I’ve tried to find more material to contextualize [the First Folio] and also to keep myself entertained. Through that process, I discovered we had a whole bunch of rare books that Shakespeare would’ve either owned or could have influenced his writing,” Quezada said. “There’s a number of Portuguese pastoral romances that he had access to and ... literally took some of the plot lines of and teased into

some of his own plays.”

Quezada said he pitched the exhibit toward the end of his tenure with UC Irvine back in the summer of 2022, describing it as his “swansong.”

The oldest books in the exhibit are from 1530, and the newest from 2014. Quezada said he used the First Folio as a sort of central fulcrum for the exhibit — “this anchor point in history, where all of these books and influences and productions of history and culture influenced Shakespeare one way or another and that led to the publication of the First Folio.”

But included in the exhibit is also how Shakespeare was interpreted after his death and his subsequent influence and how



Don Leach | Staff Photographer

**SPECIAL COLLECTIONS** and archive library assistant Hanako Ishizuka-Gundersen shows the opening pages of a 1623 Shakespeare’s First Folio at the Langson Library.

that developed, he said. “Like the Bible and the First Folio, we just perceive these things to be com-

plete, perfect works that emerge ex nihilo from the heavens. They’re messy constructions, built out

from all of the unique features of a person’s time and place,” Quezada said. “All the issues, problems, discoveries — it naturally led to the creation of his works and creative output. The idea of genius is knowing how to put things together.”

“I want people to see behind the veil and see the creation of Shakespeare through his time period, through these other authors that contributed plot lines, created his genius and what we understand as Shakespeare. It’s a more interesting and complicated story than one man sitting in a room writing this perfect work.”

lilly.nguyen@latimes.com  
Twitter: @lilibirds



Don Leach | Staff Photographer

**TOURNAMENT-WORTHY DISCS** like these will be used in the 2023 USA Ultimate Beach National Championships in Huntington Beach. The competition begins May 13.

## ULTIMATE

Continued from page A1

LeiOut. He added that having several hotels right across the street from the venue was appealing.

“I should also give a shout out to USA Ultimate for taking a risk in moving an event to a new location,” he said. “That was a scary prospect at one point, but our community embraced it. We’re 68 teams strong, which is a really impressive showing.”

Boyd said he worked with Huntington Beach events officials, including Chris Cole and Molly Uemura, to get the logistics down. Visit HB and the Orange County Sports Commission have also played key roles.

The Beach Nationals tournament, which runs Saturday and Sunday, is comprised of athletes in eight divisions that are divided by age. There are men’s, women’s and co-ed divisions, and the co-ed divisions are split evenly.

“There’s a set ratio of 3 to 2 gender-wise,” Boyd said. “Every two points, you swap that ratio. So it’s three men, two women for two points, then you swap it, and it’s three women, two men for two points. It’s truly gender-equal.”

They’re competing

mostly for pride, though there are engraved trophies and medals for the winners. Spectators can watch from the beach or the pier.

“Really, for a lot of these athletes, it’s just about the pride of knowing that you’re the best in the country — on beach,” Boyd said. “Almost all of these competitors play grass ultimate for 98% of the year. We call sand the great equalizer. Even if you’re tall and a great jumper, on the sand, nobody can jump. I mean, you’re still tall.”

Jacob Walsh, the president of Orange County Ultimate, will have members from his organization helping out over the weekend.

Walsh also coaches the UC Irvine men’s team, which is competitive, though he said ultimate is more popular in Northern California and some areas of the East Coast.

“We’re trying to build up,” Walsh said. “It’s a big push for us. You know, in Vermont, it’s an official high school sport, and other places are going that direction ... We know that fun and creativity and some of these aspects are good for kids as they grow up, but everyone’s trying to be the next professional athlete instead of diversifying at younger ages.

I’ve talked to a lot of parents who understand this, they just don’t know any alternatives. So we’re here saying, ‘This sport is great.’”

To that end of introducing people to the sport, free youth clinics will be held on Wednesday and Thursday at both branches of the Boys and Girls Clubs of Huntington Valley. A Learn To Play youth clinic will also take place on Saturday from 4 to 5:15 p.m. at Beach Nationals, and kids get a free disc.

Next weekend won’t be the only time this year that ultimate hits the sand in Huntington. Surf City has also secured the World Beach Ultimate Championships, which will be held this fall on Nov. 1 through 5.

Boyd said about 20 of the competitors at Beach Nationals will also represent the United States at Beach Worlds.

“My vision for Beach Worlds is that you can look down from the pier, you’ll see like four or six fields,” he said. “Then on the sidelines, we’ll have a flag for each country. You can look off the pier and see, ‘Oh, Team USA is playing Team Japan.’ It’s going to be very cool.”

matthew.szabo@latimes.com  
Twitter: @mjszabo

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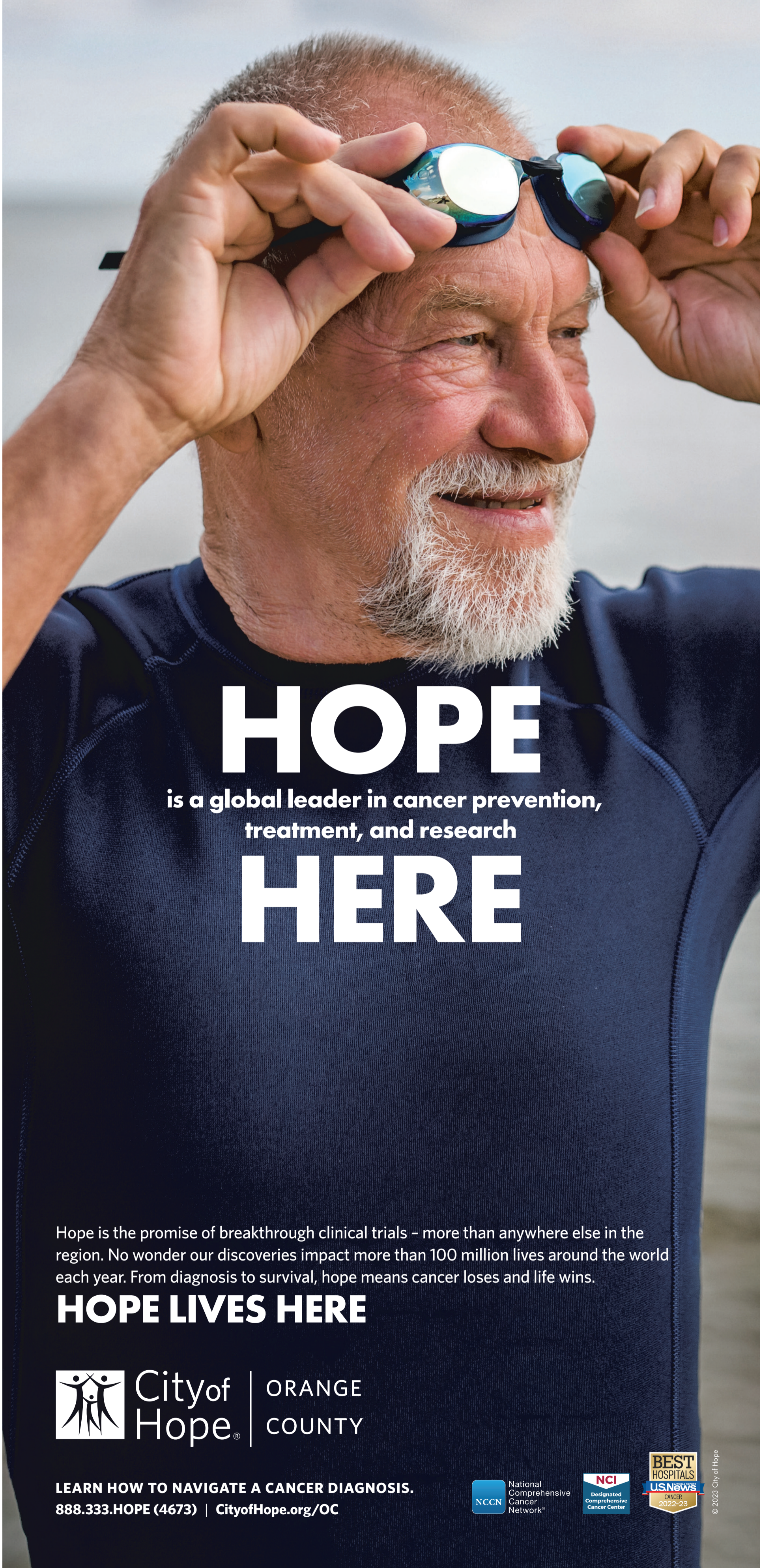
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