



Photos by Raul Roa | Staff Photographer

"CLYDE THE HIPPO" illustrator Larissa Marantz reads a book at Tiddlywinks Toys and Games store in Orange.

'Clyde the Hippo' creators find ways to share their work despite the pandemic

BY VERA CASTANEDA

When Keith and Larissa Marantz made plans to launch their children's book series "Clyde the Hippo," they thought they'd be touring bookstores, libraries and schools.

Instead, the husband-and-wife team delayed their book launch from April at the Barnes & Noble in the Irvine Spectrum to an Oct. 6 virtual Zoom launch due to COVID-19 restrictions.

"Book launch plans, sales, everything — it's a nightmare almost," Keith said.

They connected with Soaring '20s, a group of children's picture book authors and illustrators who support each other by reading and

promoting their work.

"That really helped us this time during quarantine because we were able to review each other's books on websites like Amazon, Barnes & Noble and Goodreads," Larissa said. "Otherwise, we wouldn't know how to get that outreach."

The couple made their first (and possibly only) in-person appearance this year at Tiddlywinks Toys and Games in Orange on Oct. 17.

They led two small outdoor sessions of live readings and drawing lessons. Keith and Larissa, decked out in purple outfits on theme with the series, came up with different scenarios for the character and drew them out with the kids in the audience.

The "Clyde the Hippo" picture

books, for 3- to 5-year-olds, follow Clyde, who has an overactive imagination and is anxious about trying new things. He tries a number of firsts — riding a bike, going to school, going down a playground slide and lying.

The creators wanted to hit on topics common for a young child.

"It's nice to teach kids what you've learned through what you're creating," Keith said. "It's really a lot of fun to see kids react to books and laugh. That's really what I'm about at the end of the day, making people smile and laugh."

The genesis of the book's storyline started with the youngest of their three children. When their

See *Clyde*, page R4

DYLAN VARGAS,

4, learns how to draw the book character from Keith and Larissa Marantz's "Clyde the Hippo" series. Because of the coronavirus pandemic, the authors launched their book series on Zoom in October instead of at the Irvine Spectrum Barnes & Noble in April. They led outdoor learning and drawing sessions at Tiddlywinks Toys and Games in Orange on Oct. 17.



Community newspaper in Irvine criticized

Some academics and council members consider the publication backed by a former mayor as misleading to residents.

BY BEN BRAZIL

An Irvine community newspaper backed by a former mayor and City Council candidate is drawing criticism from academics and council members who consider it misleading to residents.

Some have called Irvine Community News & Views biased in favor of Larry Agran, the long-standing local politician who helped get the newspaper started.

"I think everyone knows it's linked to Larry Agran," said Councilwoman Farrah Khan, who is running for mayor. "It's his newspaper and whatever he puts out in it he has the right to do so, but I wouldn't call it an independent newspaper."

She continued: "I personally would feel very uncomfortable putting out a paper claiming it to be a community paper if I was promoting myself in it all the time."

Khan, who was endorsed by the newspaper, compared Irvine Community News & Views to two other newspapers in Irvine run by developers Five Point Holdings and the Irvine Co. She said each paper has a "bias."

Yet, Agran said in an interview with TimesOC that the newspaper, which claims a circulation of 66,500, is legitimate and just like any other. Agran credited publisher and friend Frank Lunding with starting and running the newspaper.

"People can characterize it as my paper," Agran said. "I have written for it. I am proud of it. I help Frank wherever I can. I help recruit writers for him."

"I think it's a wonderful enterprise that he has ventured out in late in life, and our community desperately needs it. We don't have the coverage here that we should have."

AGRAN'S AFFILIATION WITH THE PAPER

Agran has a number of connections to Irvine Community News & Views.

He said he owns about a 4% financial stake in the newspaper. The column he used to write for it was discontinued when he announced his candidacy



Robert Lachman
Los Angeles Times

SOME QUESTION

whether a newspaper backed by Larry Agran, former mayor and current council candidate, is misleading to residents.

for the November election. His wife, Phyllis, also regularly writes for it.

His daughter-in-law, Kerrie Agran, is listed as the chief operations officer and calendar editor in the print editions as "Kerrie Mahan." State records show that the newspaper is registered under a "Kerrie Mahan Agran."

Larry Agran is listed as a staff writer and contributor in the print newspaper.

"We support Larry Agran, and we're happy to have his involvement in the paper, but the fact that he has a small interest in the paper doesn't mean that he's going to control the copy," Lunding said before adding that he will sometimes check with Agran on facts in articles he's writing.

Councilman Mike Carroll, who is running for election after being appointed to his first term, takes umbrage with Agran's claim that his newspaper is just like any other.

"Larry Agran's 'newspaper' is misleading to residents because people expect campaign laws to be followed and enforced, namely that the people who pay for political mail will be identified," Carroll said through email. "In the case of this 'newspaper,' Agran is once again avoiding disclosing who is trying to influence Irvine voters, by hiding political mail inside a supposed 'newspaper.'"

Carroll said he doesn't believe that residents can readily identify that Agran is connected to Irvine

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'Beautiful soul': Painter Greg LaRock mourned by art community

BY LORI BASHEDA

The art community in Southern California and beyond is mourning the death of beloved plein air painter Greg LaRock.

LaRock, 55, died in October after a rollerblading accident in his neighborhood in Orange.

"He was a beautiful soul," said Rosemary Swimm, executive director of the Laguna Plein Air Painters Assn. "It's a terrible loss."

LaRock was blading with his wife, Laurie, and their dogs on the evening of Oct. 9, as they had done nearly every evening for 17 years, when he fell and hit his head. He died two days later.

"We had a ton of love for each other," Laurie said. "To lose him is heartbreaking. But this is a man who always stood strong and said 'It's gonna be OK.' And that's what I keep thinking of."

Laurie, a graphic artist, said she has been comforted by emails, cards and phone calls arriving from artists across the nation. Collectors, from Italy to Ireland and Nashville to Sonoma, have also reached out to say how much he meant.

"Greg just was literally one of the kindest, most generous peo-



ARTIST Greg LaRock died at age 55.

ple," Laurie said.

"A sweet, quiet person, but with a quirky, silly sense of humor. He had a smile on his face constantly, and he just radiated warmth."

She said her husband would be happy that his corneas, liver, kidneys, pancreas and even his skin went to people who needed them.

She plans to scatter his ashes soon in some of his favorite places. One of those places is Heisler Park on the bluffs of Laguna Beach. LaRock painted the



Photos by Laurie LaRock

See *LaRock*, page R5

LAROCK PAINTS in Laguna Beach. The artist died unexpectedly in October after a rollerblading accident.

UCI study reveals higher prevalence of COVID-19 in county than once thought

BY BEN BRAZIL

UC Irvine researchers announced this week that 11.5% of a study sample of Orange County residents had antibodies to the novel coronavirus that causes COVID-19, indicating that the virus is likely much more prevalent in the county than previously believed.

The original estimate was less than 2%. According to this data, about 370,000 residents have been infected with the virus.

The UC Irvine study also found that Latino and low-income residents have been hit hardest by the virus. Antibodies were found in 17% of Latino residents and 15% of low-income residents.

It has been well-documented that the Latino community, particularly in Santa Ana and Anaheim, has been taking the brunt of the pandemic.

The study, accomplished in collaboration with the Orange County Health Care Agency, analyzed the blood of close to 3,000 residents.

Matt Zahn, medical director of the agency's Communicable Disease Control Division, said at a Zoom news conference on Wednesday that the countywide findings were not all that surprising.

"I think this illustrates really two really important points to me," Zahn said. "One is that because we know that asymptomatic infection or very mild infection happens, and that spread can happen from those persons, simple contact-tracing by itself isn't enough to contain this virus."

"We have to take broader social-distancing measures, mask wearing, social



Wally Skalij | Los Angeles Times

PEDESTRIANS WEARING face masks walk along the strand in Huntington Beach.

distancing in order to contain the spread of this virus. Again, I think that the other point I take from it is while the prevalence of infection is higher than what we've identified previously, we're still far from herd immunity."

According to the O.C. Health Care Agency data, there have been 59,442 cases of COVID-19 and 1,468 deaths as of Thursday.

Bernadette Boden-Albala, director of UCI's Program in Public Health, said researchers still need to try to better understand the protection of COVID-19 antibodies and identify and address the disparities caused by the virus.

benjamin.brazil@latimes.com
Twitter: @benbrazilpilot



THE WIFI ON WHEELS program will bring free internet access to underprivileged communities.

Courtesy of Orange County Public Libraries

O.C. Public Libraries launches program to boost internet access in underprivileged communities

BY BEN BRAZIL

In an effort to empower underprivileged communities, Orange County Public Libraries launched a WiFi on Wheels program this week to increase internet access in neighborhoods that lack broadband.

A trailer with a 32-foot antenna will be parked in preplanned locations in Midway City and Westminster to provide internet access for up to 150 users within a 300-yard radius.

The pilot program will expand to San Juan Capistrano, Stanton, La Habra and La Palma in the next few months.

The effort is all the more critical as COVID-19 forces work and school online.

"When COVID-19 prompted the closure of schools, we witnessed a spike in demand for broadband connectivity," said county Board of Supervisors Vice Chair Andrew Do. "Low-income families, in par-

ticular, have been most severely affected; many students have had to rely on their parents' smartphones for their schoolwork.

"To alleviate some of the burden for families, I met with county departments back in April to create the Internet Access Initiative: Bridging the Digital Divide."

The county library's Internet Access Initiative is a three-pronged plan which also includes lending Wi-Fi hotspots for patrons to take home to access free data and boosting the Wi-Fi signal on the outside of county libraries onto sidewalks, patios, grassy areas and parking lots.

County librarian Julie Quillman said libraries have for years been working on getting the internet to their patrons who cannot afford broadband subscriptions in order to bridge the "digital divide."

"The library has long known that this

See **Libraries**, page R3

UC Irvine researcher studies beetle that can survive being run over



Courtesy of UC Irvine

THE DIABOLICAL ironclad beetle can survive being run over by a car.

BY BEN BRAZIL

It's unclear what the unnamed diabolical ironclad beetle thought when it was run over by a Toyota Camry.

Or what went through his little beetle brain when the car passed over him a second time.

Likely, the little beetle didn't think much of the incident. Not because it's a beetle and beetles aren't believed to be deep thinkers. But because its strong exoskeleton kept it comfortably safe from any damage.

The experiment it was involved in was part of a years-long study by UCI professor and principle investigator David Kisailus, who

has been seeking to identify what makes the beetle so strong.

"This diabolical ironclad beetle is not able to fly away, so it's adapted to living on the ground," Kisailus said. "So since it can't fly away from predation, it pretty much has to stand there and take it right from any type of predation."

Kisailus' lab has found that it takes three times more force to compress the diabolical beetle than any other, which is about 150 Newtons or 39,000 times its body weight. To put that into perspective, squeezing as hard as you can with your thumb and forefinger generates about 25 Newtons of force.

Kisailus' lab has been studying the beetle for about five years.

It started when Jesus Rivera, who has worked at Kisailus' lab since 2015, was told of the beetle's near-mythic strength by a curator at an entomology museum at UC Riverside, where Kisailus' lab used to be based.

"We had to test the folklore," Kisailus said.

Once the beetle survived being run over twice, the researchers knew they needed to delve into the design of the exoskeleton.

Through studying the beetle microscopically and spectroscopically, the researchers found that

See **Beetle**, page R3



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Mt. Shasta fir tree journeys to San Clemente



Photos by Don Leach | Staff Photographer

A FRESH-CUT, 125-foot white fir from Mt. Shasta arrived at the Outlets of San Clemente on Oct. 21 for the upcoming holiday season. The tree was supplied by Victor Serrao, who runs Victor's Christmas Trees based in San Juan Capistrano.

A 125-foot Christmas tree arrived in San Clemente early Oct. 21 as the Outlets at San Clemente prepared to kick off the holiday season. It took three days to drive the white fir from where it was cut down at Mt. Shasta. The tree was supplied by Victor Serrao, who runs San Juan Capistrano-based Victor's Christmas Trees.

It will take about two

weeks to get the tree decorated with more than 18,000 lights and 10,000 bows and ornaments. The tree will be accompanied by other Christmas-related amusements, including a socially distanced Santa, an animatronic reindeer and "snowfall" on certain nights.

A tree-lighting celebration will be held at 6 p.m. Saturday.

— Ben Brazil



CREW MEMBERS secure the base of a white fir that was cut down at Mt. Shasta. The tree will be lit in a ceremony at 6 p.m. on Saturday at the Outlets at San Clemente.

LIBRARIES

Continued from page R2

was a problem way before the pandemic," Quillman said. "... A lot of our patrons are at the wrong end of the digital divide. We provide patrons with internet and computers in the branches. They are filled every single day with people who do not have a computer or access to the internet at home.

"And, you know, they range from people applying for jobs or just surfing the internet, but also a lot of kids doing homework."

There is currently one trailer in operation, but the library is planning to add another.

Library staff will remain onsite with the trailer when visiting a neighborhood to answer questions and provide information

to residents. Children's and job-search books in English, Spanish and Vietnamese can also be rented from the vehicle.

The WiFi on Wheels trailer was launched on Tuesday, though poor weather conditions including wind and heavy smoke due to Orange County fires caused the program to halt momentarily.

Quillman said they are hoping to get the trailer back out as soon as possible this week.

The WiFi on Wheels vehicle will be at DeMille, Schmitt, Fryberger and Willmore elementary schools, as well as Sid Goldstein Freedom Park at select times.

For more information on the schedule, visit ocpl.org.

benjamin.brazil@latimes.com
Twitter: @benbrazilpilot

BEETLE

Continued from page R2

the exoskeleton's elytra are like a solid shield, joined together like a jigsaw puzzle. In typical aerial beetles, elytra are the forewing blades that open and close to keep the wings safe from harm.

"That night, I actually went out to Rite Aid and bought a 100-piece jigsaw puzzle," Kisailus said. "I brought it to our group meeting the next day, and my students thought I was nuts, you know, what are you doing? And I said, come on, take a look at this microscope image, and then take a look at this puzzle, it's exactly the same."

After determining the cause of the beetle's strength, Kisailus' lab is working on applying the biological structure of the beetle to things humans

engineer.

Kisailus said the structure could be used to make aircraft more resistant to damage.

"The aircraft industry, they use what are called rivets or fasteners or adhesives to put things together," Kisailus said. "So, when you talk about metal and a composite, they often will use what's called an aircraft fastener, which is kind of this titanium bolt that bolts these two parts together. And that's great, it holds it together, and it does the job. It's strong ... But when it failed, it failed catastrophic."

In comparing that with the diabolical beetle's jigsaw structure, it was about 105% tougher than the aircraft standard.

This is typical work for Kisailus' lab.

The lab studies extremophiles, which are organisms that do something

interesting mechanically, thermally or optically. The lab has studied plants that survive fires and the mantis shrimp, a crustacean that smashes its prey faster than a .22-caliber bullet.

"We try to understand how they're built and how they work, and then translate that to real engineering application by a process called biomimicry," Kisailus said.

Biomimicry is designing and producing structures or systems that are modeled after biological structures.

The lab has received funding from the U.S. Air Force to work on improving the structure of military drones. Kisailus said findings from studying the mantis shrimp and diabolical beetle could come in handy when redesigning the drones.

Rivera said nature is the best engineer.

"Nature has worked with these laminated composite structures for hundreds of millions of years, and we've only recently been using these for engineering application," he said. "So what can we actually learn from these organisms, or these designs, and then apply them to these engineering structures."

Rivera, who has a PhD from UC Riverside, has been working on the beetle study since the beginning. He said it's been rewarding to apply natural designs to industries like aerospace, automotive and defense.

"Typically, nature is able to take readily available resources ... carbon proteins, things like that, and architect them in a way where they're actually stronger than their constituent material," Rivera said.

benjamin.brazil@latimes.com
Twitter: @benbrazilpilot



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Raul Roa | Staff Photographer

"CLYDE THE HIPPO" illustrator Larissa Marantz, with her husband and author Keith Marantz in the background, read their book during an event at Tiddlywinks Toys and Games store in Orange on Oct. 17.

CLYDE

Continued from page R1

daughter was around 4 years old, she asked for a puppy, and Keith deflected by telling her they already had a hippo in the backyard.

"She looked at me funny and said, 'I've never seen a hippo in the backyard before.' I said, 'Why don't you go look for it?' So that would buy me a little bit of time," Keith said.

He thought the idea of a hippo hiding in the backyard would be a great picture book. Previously, they had self-published a book based on their oldest daughter's drawings "Dream-o-licious," and Clyde was a character that was supposed to fit in with the first book.

Larissa had worked as a Nickelodeon illustrator and character designer with credits in "The

Rugrats," "The Wild Thornberrys" and "Avatar: The Last Airbender." Once she transitioned from full-time animator to a stay-at-home mother, she also segued into illustrating picture books for Simon & Schuster.

"As a mother with young children, I was always reading books to my kids. As an artist having pretty much given up my career of being in animation, I wanted to make sure that I was still using my skill set, and I felt like I could do that with picture books," Larissa said. "With my husband being a creative, imaginative writer, we thought it would be the best thing to do to take both of our strengths and put them together to create books, especially because at the time our kids were really young."

They are continuing their collaboration with a graphic novel set to be published by HarperCollins in 2022.



Courtesy of Keith and Larissa Marantz

THE "CLYDE THE HIPPO" series of four picture books, published in 2020, features an anxious main character who tries new activities.

Larissa said the story takes place in the 24th century and is centered around a young genius who doesn't know her potential. The main character and her fam-

ily, including her annoying older brother, have to save the world from impending doom after aliens steal the sun's energy.

While working on the graphic novel, Larissa is also running online classes through her Orange-based O.C Art Studio. The studio started out in her garage 15 years ago, teaching her son's friends about art, branched out as an after-school enrichment program for elementary school kids and grew into hiring artists to teach multiple classes.

Although the studio is shut down for now, there are virtual classes available including sessions focused on high school students who want to build their portfolios and skill sets to apply to art schools.

She had trouble filling a basic drawing class during the summer and didn't feel comfortable pro-

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NEWSPAPER

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Community News & Views. "Just because it may be legal does not make it a legitimate newspaper," Carroll said.

The paper's content includes negative articles about Agran's political opponents, mainly Carroll and Mayor Christina Shea. Shea declined to comment for this report.

Articles about Agran are generally glowing. When Agran's candidacy was announced months ago in the paper, the article listed his accomplishments in a manner closer to a news release than an objective accounting of Agran's government service.

The paper has also produced a number of articles in support of Agran's advocacy for a controversial veterans cemetery in the Orange County Great Park, which is one of the main platforms he's running on.

It's unclear who writes the articles online, as the bylines for many of them are labeled as "ICNV Staff," described on the website as "local Irvine journalists who are personally familiar with the events and issues they write about."

Lunding said in an interview that many of the writers are volunteers. He re-



Photo by Ben Brazil

THE COVER of a recent print edition of Irvine Community News and Views.

refused to identify which writers are paid.

When asked why writers don't provide their names on the articles they've written, Lunding responded: "No real good reason, I guess ... We just thought that was the best way to do it."

In recent weeks, Irvine residents have been receiving copies of Irvine Community News & Views in the mail with a political advertisement from Agran's campaign inserted inside.

HOW IT STARTED

For several decades before coming to Irvine in the mid-1980s, Lunding was an attorney working on election-related matters in Chi-

cago, including election fraud. Lunding said he's been friends with Agran since before he moved to Irvine.

Lunding, who lives in Monterey, said he started the newspaper in 2014. He owned a slate mailer operation prior to creating the newspaper.

Slate mailers are a form of political advertising sent out to residents. A recent Los Angeles Times editorial called slate mailers "misleading."

The newspaper may have spawned from Lunding's slate mailer, which was called "Irvine Community News & Views" and looked almost exactly like the current print editions.

Lunding said he didn't "specifically remember" whether the newspaper came out of the slate mailer publication. He said he started his newspaper to counteract information put out by developer-run newspapers like Irvine World News, which was once backed by the Irvine Co.

"The goal was to get all the actual factual information out about what was going on in Irvine, primarily relating to the developers and what was happening," Lunding said.

When asked whether he had been directly involved with any political campaigns for Agran, Lunding

responded: "I don't recall." Agran said Lunding asked him to help start the newspaper.

"I didn't know anything about starting a community newspaper, but Frank wanted to do that, this was in 2014 after I had been defeated and left the City Council," Agran said.

"I had some time on my hands and said I would give him a hand initially. I am a good writer, I am certainly interested in knowledge and community issues."

Agran said he helped recruit writers for the paper and encouraged his daughter-in-law to help with it. His wife would later join as a regular writer.

Lunding refused to disclose how the newspaper is funded. He did say that he oversees the paper as the "controlling interest."

"I just do not get into the financial side of it," Lunding said.

The legality of the newspaper was considered in 2016, when Lunding sued the city for barring distribution of the paper in City Hall.

The city at the time claimed political publications would not be distributed at city facilities.

After mediation, the city agreed to pay Irvine Community News & Views a \$350,000 settlement. "It's legal and news-

papers have always had a point of view, even the L.A. Times, which used to be a right-wing newspaper and became a centrist and even left-leaning newspaper," Agran said.

"People who had ownership interests had agendas and connections with politicians ..."

ANALYSIS

Susan Paterno, professor and journalism program director at Chapman University, said politicians have a very long history of using newspapers for public relations.

Paterno said as community newspapers disappear and remaining ones are bought up by corporations, many communities no longer receive objective news by unbiased community reporters.

"With the fact that hedge funds and private equity managers have bought up most of the local newspapers in America and created ginormous news deserts," Paterno said. "And, you know, people like Larry Agran and Donald Trump are going to try to fill those news deserts with their propaganda ... Whether or not you like it, the 1st Amendment gives them the right to do that."

She continued: "In these news deserts will grow politicians with agendas and

corporations with agendas, and they will steal journalism. The very people who we should be holding accountable are actually stealing journalism."

Jason Shepard, Cal State Fullerton media law scholar, professor and chair of the Department of Communications, said it's important to question whether a reader can evaluate the credibility of a publication by looking at it.

"If [Agran] is hiding who is producing this content with the intent to win political favor for himself and his allies, that to me does seem problematic," Shepard said.

Shepard wrote a book analyzing what characteristics define what a journalist is in the digital age.

He has also studied campaign finance law.

"The whole point of campaign finance law is meant to protect citizens from manipulation and distortion through paid communication," Shepard said.

"And so we have many laws in place that are meant to help voters understand who is trying to influence elections. I don't know if this is skirting the intent of campaign finance law, but it certainly is an interesting question if it is."

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CLYDE

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moting it at the height of the Black Lives Matter protests.

"Because I'm a Black woman and creator, there was an outreach for people to raise the voices of other Black artists and Black-owned businesses," Larissa said.

"That really propelled what I was doing and it

gave me a larger audience, because people wanted to pay for the classes of Black artists or Black arts students."

She went from not being able to fill a class to running three classes over the summer, in which almost 100 Black students were sponsored with an international reach in the United Kingdom, Zambia to Jamaica. Some of those who sponsored students are agents, animators and art

directors who have also acted as mentors. Larissa plans to continue offering free classes to Black artists.

"We're making lemonade out of lemons, I guess," Larissa said. "That's the angle that I'm going with now with those classes. Racial injustice is still prevalent in many of our minds right now, especially in the Black community."

vera.castenada@latimes.com
Twitter: @vera_fyd

LAROCK

Continued from page R1

iconic ocean scene dozens of time. Another subject he returned to again and again was the Back Bay in Newport Beach.

If you ever strolled those spots in the early morning or late afternoon and saw a painter wearing a canvas outback hat, trying to capture the contrast of light and shadow at his easel, there's a good chance you saw Greg.

Laguna Beach plein air artist Jeff Sewell guesses more than a thousand of LaRock's paintings are hanging on walls around the world (including in the living room of a yacht perennially circling the globe).

"I'm gutted by his absence, mostly as a friend, but he became incredibly talented as an artist," Sewell said.

"Capturing light was a

real gift for him. And it didn't matter what subject, whether boats at a boatyard or majestic landscapes or seascapes or people walking on Balboa Island, Greg could paint anything. He was excellent at capturing the moment.

"But he had this incredible gift of balancing being an uber-talented artist with being one of the most giving and humble human beings I've ever known."

San Clemente artist Rick Delanty remembers his friend the same way.

"Greg was always sharing and caring but never competitive," he said.

The two often traveled together to invitationals throughout the West and beyond, from San Luis Obispo to Maui.

"He really was an inspiration to me, a true craftsman, a painter's painter," Delanty says. "He's affected the plein air community in just a massive way."

LaRock won dozens of awards, including Best of Show Plein Air Easton and Sonoma Plein Air and Artist Choice at Maui Plein Air Invitational.

He was also a signature member of Oil Painters of America and American Society of Marine Artists.

"What a legacy of spectacular paintings he left to the world," said Mary Platt, director of the Hilbert Museum of California Art at Chapman University.

"Greg stood firmly in the great tradition of the California Scene painters — icons such as Millard Sheets and Emil Kosa Jr. — who portrayed everyday life in the Golden State with such affection, understanding and finesse. His work deserves to be beside them."

LORI BASHEDA is a contributor to Times Community News.

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CONTACT US

Erik Haugli
Deputy Editor
erik.haugli@latimes.com

Raymond Arroyo
Advertising Director
(714) 966-4608
ray.arroyo@latimes.com

Online
timesoc.com
Social Media
@timesocofficial

Address
10540 Talbert Ave.,
Suite 300 West,
Fountain Valley, CA 92708

Business Office
(714) 966-4600
Newsroom
(714) 966-4699

Email
dailypilot@latimes.com
TCN Classifieds
800-234-4444

TCN Legal Phone
888-881-6181

TCN Legal Email
LALegal@tribune.com

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PAID ADVERTISEMENT

FINALLY, NEW NON-SURGICAL OPTIONS FOR BONE-ON-BONE **HIP & KNEE PAIN** OSTEOARTHRITIS

FDA-cleared Technology. Safe, Painless, & Requires NO Knee Replacement Surgery.

FREE Lunch & Learn Event  
OUTDOOR Don't miss Dr. Yoo New Knees in a day Radio Show

KEIB 1150AM "THE PATRIOT". SATURDAY 8am-9am, SUNDAY. 11am-12pm

Topic: Non-surgical, no needles, drug-free approach to get relief from unrelenting Hip & Knee Joint Pain



Discussion includes:

- What really causes hip & knee joint & baker's cyst pain
- Three crippling effects of hip & knee osteoarthritis
- Dangers associated with total hip and knee replacement or labral or meniscus surgeries
- New state of the art options available for you who suffer from unrelenting hip & knee pain
- **Discover why cortisone, synvisc, hylauranic acid, prolotherapy, prp, or injections may or may not work for you.**

Do you suffer from any of the following symptoms?

- Can't go up or down the stairs due to weak legs
- Knees lock up with prolonged sitting or standing
- Can't sleep or get out of bed due to stiff knees
- Difficulty getting in & out of the car without a cane
- Difficulty walking or hiking with loved ones
- Can no longer play golf or your favorite hobby
- Swollen, stiff, sore & sharp hip & knee pain
- Pain prevents exercise so you can't lose weight



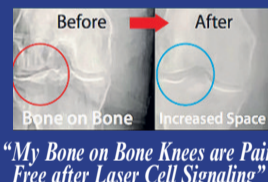
WHAT LOCAL DOCTORS & NURSES SAID ABOUT OUR EVENT



"I had osteoarthritis in my left knee & didn't get results from Hylauronic Acid injections & didn't want a knee replacement so after applying what I learned from the seminar I can now walk up and down the stairs without pain, and I'm also back to dancing & teaching my Zumba classes! So I am thrilled to have finally found a non-surgical option that other doctors never told me about."

-Linda L., R.N., Newport Beach, CA
(Registered Nurse & Zumba Instructor)

YOU CAN CLEARLY SEE THE IMPROVED CARTILAGE SPACE 7 MONTHS AFTER LASER CELL SIGNALING



"My Bone on Bone Knees are Pain Free after Laser Cell Signaling"

After trying failed cortisone & hylauronic acid injections I was told I needed total knee replacements in both knees. I couldn't go up and down the stairs without pain, and my knee would lock up at night, and getting up from a chair and walking was difficult. However 3 months after the laser cell signaling I can now go up & down the stairs without pain, I can straighten my knee out without it locking up at night, and I can get out of a chair & start walking with no problem. It has been over a year and the relief has lasted

-Rosemary, Huntington Beach



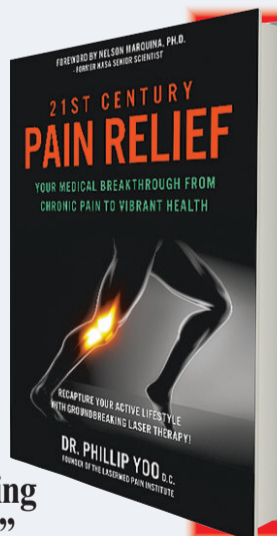
"My Knee X rays & MRIs revealed that I had a torn meniscus, baker's cyst and osteoarthritis. I had discomfort in walking and going up and down stairs. After attending Dr Yoo's lecture, I went to his clinic and only after two treatments on my knee I've had reduced swelling, increased motion, and decreased pain! I've been very pleased with the process, and I look forward to having additional treatments to alleviate my symptoms."

-Dr. William Gutch, MD., 84 yrs. Palm Desert, California
(Orthopedic Surgeon)



NFL Hall of Famer (& Dancing with the Stars winner) Emmitt Smith holds Best Selling Author, Dr. Yoo's DC book titled "21st Century Pain Relief" which shows how to get back to a pain less and active lifestyle. Call now to find out how to get your free copy. Call now to find out how to get your free copy while limited supplies last.

Get Dr. Yoo's DC Bestselling "Knee Pain Relief Book"



SEATS ARE LIMITED. CALL TODAY!

949-371-8819

(Must mention RSVP Code LAKH-1101)

P.S. ALL Attendees to book an appointment will get a free signed copy of Dr. Phillip Yoo's DC book:

"21st Century Pain Relief"

(limited supply so get yours now)

Presented by Best Selling author Dr. Phillip Yoo, DC, & Orthopedic Surgeon Dr. William Gutch, MD

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 Long Beach, CA 90803
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NOV 6TH

FOUNTAIN VALLEY
MIMI'S CAFÉ
 18461 Brookhurst St.
 Fountain Valley, CA 92708
FRIDAY 10:30 AM
NOV 13TH

LAKE FOREST
MIMI'S CAFÉ
 22651 Lake Forest Drive
 Lake Forest, CA 92630
FRIDAY 10:30 AM
NOV 20TH



- *SEMINAR WILL BE ON OUTDOOR PATIO & TAKE OUT LUNCH TO GO ONLY
- *HAND SANITIZER WILL BE PROVIDED AT THE ENTRANCE
- *ALL GUESTS & STAFF ARE REQUIRED TO WEAR A FACE MASK
- *CONTACTLESS LASER THERMOMETER SCREENING AT THE DOOR
- *LIMITED SEATING AS 6 FEET SOCIAL DISTANCE WILL BE MAINTAINED
- *AFTER EVENT MEET & GREET THE DOCTOR WILL BE AT OUTSIDE PATIO
- *DUE TO LIMITED SEATING WE ASK ONLY THOSE IN SERIOUS PAIN ATTEND

Call 949-371-8819 Today With RSVP Code LAKH-1101
To Guarantee Your Free Seat! Call start time: Today 8am

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