

The Therapy Pool that Love Built

\$13,295 raised of \$17,000 goal

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Sharon Plache is organizing this fundraiser.

Created October 7, 2013

Volunteer & Service



Stacy & Rich
Rush &
Lipscomb

\$150

• 36 mos



Anonymous
\$150

• 49 mos



Anonymous
\$100

• 49 mos



Maureen

The time has come for San Diego to have more Warm Water Therapy Pool options for Wellness and Healing.

After 25 years as a Holistic Health Practitioner and 15 years as an Aquatic Therapist I feel blessed to have a wonderful space to create such an Oasis.

With your support I can create a wonderful healing space in East County to service many individuals in need of pain relief and deep healing.

I also have been working closely with my dear friend **Dave Towe** of www.WaveAcademy.org. He is doing an amazing study of Warm Water Therapy for PTSD with Service Members and Vets returning from war.

Funding this project will allow more access for Service Members, their families and many others to receive support and healing.

Feel free to take a look at what I currently offer:

www.SharonPlache.com

With deep respect and gratitude. Thank you for your consideration.

* * Gift Certificates will be sent by mail or



Mullen

\$50

• 62 mos



Anonymous

\$500 (Offline)

• 65 mos

[See all](#)

email for all donations that are in increments of \$100.

Sessions include Water Therapy - when the pool is complete, Bodywork at my Mission Hills office or ThetaHealing® sessions in person or over the phone or Skype.

These sessions can be for you, given as a gift or donated to one of our many Service Members. Just let me know via email your preference.

Thank you and Blessings,
Sharon.

PS. Some friends have asked about coming to dig - Yes that will be great. Looking forward to sharing the fun and joy as we create together.

Will post on [www.facebook.com/AqOasis - Watsu® San Diego](http://www.facebook.com/AqOasis-WatsuSanDiego)

Updates (6)

- **NOVEMBER 29, 2016** by Sharon Plache, Organizer

So grateful for all the support and growth. We are putting in a new

heater and decking this Nov/Dec 2016. Great upgrades for an amazing program for our Veterans and Caregiver. Thank you and Namaste.

- **DECEMBER 1, 2015** by Sharon Plache, Organizer

The Therapy Pool is going great - we still have some upgrades to make at the pool as the Veterans program grows and many clients are being served in a wonderful healing way. Thank you for your contributions and we look forward to meeting our final goal.

-
- **MARCH 8, 2014** by Sharon Plache, Organizer

These are two amazing Service Members that I have been able to work with in the Wave Academy program. We are utilizing Warm Water Therapy to support their healing and integration after returning from combat and recovery from PTSD. Please take a moment and support this wonderful program and the creation on a new therapy pool for warm water therapy.

Thank you and Blessings.
Sharon.



-
- 
- **FEBRUARY 17, 2014** by Sharon Plache, Organizer

With the first level of support we are going to begin ground prep and site design. Here is the current location - will post pictures as the process develops. Thank you for your continued support.

-
- **NOVEMBER 8, 2013** by Sharon Plache, Organizer

Hi Everyone - this is the perfect time of year to think of creative gifts - for the holidays.

Also wonderful time for donations to great causes.

(Every amount makes a difference.)

Supporting the new Therapy Pool - is supporting so many people in our community.

Thank you for your consideration.

-
- **OCTOBER 11, 2013** by Sharon Plache, Organizer

It is amazing to me what a collective consciousness of love and support can create and create quickly. The Therapy

Pool fund is growing with waves of love - thank you so much.

Also we will be planning "digging" days to bless the ground and create the healing space. Stay tuned for updates and pictures.

Feel free to join the fun any time. Thank you so much.

Donate

Share

Organizer



Sharon Plache
Organizer
La Mesa, CA

Contact

Comments (38)



Maureen Mullen donated **\$50**
Sending love and light with this donation!

62 mos



None donated **\$500**

Because I believe in you and because I want to support and thank you for all you do in the world. Thank you.

65 mos



Cristy Villarreal donated **\$300**

Happy Birthday Sharon! Thank you for bringing so much love and light into my life!

65 mos



Diane Krager donated **\$100**

Such a wonderful creation!

67 mos



Diane Krager donated **\$100**

Such a wonderful creation!

67 mos



Spike Bywater donated **\$110**

This Mermaid is ready to get her tail

wet. Thank you for holding this
sacred Space. Starfish Kisses -Spike

68 mos



Spike Bywater donated **\$110**

This Mermaid is ready to get her tail
wet. Thank you for holding this
sacred Space. Starfish Kisses -Spike

68 mos



Leigh Bradford donated **\$25**

Sorry I couldn't donate more. Best
wishes :)

69 mos



Leigh Bradford donated **\$25**

Sorry I couldn't donate more. Best
wishes :)

69 mos



Spike Bywater donated **\$150**

I had another dream. This pool, Our
pool, is making waves from Sea to
Shining Sea. Thank you for holding
the space Ms Sharon I love you So

the space Ms. Sharon. I love you so
Much. Blessings, Love and Honor,
ॐ Spike, Your Little Mermaid Fairy

69 mos



Spike Bywater donated **\$150**

I had another dream. This pool, Our
pool, is making waves from Sea to
Shining Sea. Thank you for holding
the space Ms. Sharon. I love you So
Much. Blessings, Love and Honor,
ॐ Spike, Your Little Mermaid Fairy

69 mos



None donated **\$5,000**

I know what a gift your work is.
Creating this healing water space
will be beneficial for many souls and
I am humbled to be able to share in
this way.

69 mos



None donated **\$200**

So great to be apart of the dig party.

69 mos



None donated **\$200**

I love and support you.

69 mos



None donated **\$100**

Can't wait. Love your retreat space you share with everyone.

69 mos



None donated **\$500**

Time to bless and break sacred ground. Congratulations and let's go.

69 mos



None donated **\$100**

Mermaid Magic is here.

69 mos



Aline Rozok donated **\$50**

Sending you lots of energetic support for your vision to be completed with ease and flow. With Love and Gratitude Aline

Love and Gratitude, Aline

70 mos



Aline Rozok donated **\$50**

Sending you lots of energetic support for your vision to be completed with ease and flow. With Love and Gratitude, Aline

70 mos



Amanda Collins donated **\$50**

You are amazing!! I love you

70 mos



None donated **\$200**

Way to go. I can feel the warm water already.

71 mos



None donated **\$40**

Can't wait for the big reveal.

71 mos



None donated **\$50**

"He who is faithful in a little, is faithful in much."

71 mos



None donated **\$100**

Looking forward to being in the beautiful water with you.

71 mos



None donated **\$100**

Can feel that glorious water now.

71 mos



None donated **\$200**

So glad to see you are moving closer to your goal. This is a great project and so happy to support you and all the work you do.

71 mos



Kim Cook donated **\$150**

Your amazing work deserves everyone's support!! Keep up the

great work Sharon!

71 mos



Kim Cook donated **\$150**

Your amazing work deserves everyone's support!! Keep up the great work Sharon!

71 mos



Philip Raphael donated **\$500**

Making this world a better space is providing the opportunity for more of us to receive the healing you give with your loving hands.

72 mos



Philip Raphael donated **\$500**

Making this world a better space is providing the opportunity for more of us to receive the healing you give with your loving hands.

72 mos



Jeff and Sally Smith donated **\$50**

Happy Winter Solstice!

72 mos



None donated **\$100**

Blessings.

72 mos



None donated **\$100**

Thank you for all your great work.

72 mos



None donated **\$200**

Blessings in the New Year Sharon.
Celebrating your next vision.

72 mos



Beth Ross Buckley donated
\$150

What a beautiful project ~ looking
forward to helping you dig!

72 mos



None donated **\$50**



NICKI BLAZYK donated **\$50**

Love the work you do! Thank you!

72 mos



None donated **\$200**

At this time of Thanksgiving, I am so thankful to you Sharon and all that you create. Looking forward to the new therapy pool.

73 mos



None donated **\$1,000**

I have been your client and friend for 18 years. I believe in you and it is time for you to have a pool. Thank you for all your healing work and support over the years. It is so important for this work to be supported. Congratulations.

73 mos



None donated **\$100**

I am so excited there is going to be a Therapy Pool in East County. Have loved the water classes with Sharon over the years. Looking forward to more in the future. Thank you.

73 mos



None donated **\$200**

Opening the space, sharing the love
- is what creates healing for all.
Thank you.

74 mos



None donated **\$100**

Great space is created by many
great hearts. Peace on the journey.
Joy in the creation.

74 mos



None donated **\$100**

CONGRATULATIONS. The new
Therapy Pool is such a gift to all
who will receive treatment for
body, mind, soul and spirit. May all
your dreams come true.

74 mos



Sheila Bulley donated **\$100**

You go girl! When I was at your

house last Sunday, I was picturing your pool there in place in that lovely environment. There is no doubt that it will be manifested.

74 mos



Dawn Maree donated **\$35**

I align with you that this goal has already been reached, the pool has been installed and many are benefiting from the therapy. :)

74 mos



Keith Anderson donated **\$10**
0

What an honor and a blessing to be part of your community! I love this modern day 'barn raising'.

74 mos



Stephanie West donated **\$25**

Let me sit down and draw out plans... while I flip my house in Spring Valley

74 mos

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